

Tussen 2 Feesten Loop

Knokke, 28 December 2008, BEL

3x3.3km

Details

Pos	Nr	Name	Age	Team	Lap 1		Lap 2			Lap 3		Sprint				Age Group								
					Pos	Time	Pos	Time	Cum	Pos	Time	t1	t2	t3	Pos	Time	Time	Gap	TKm	Avg	Rang	Name	City	
1.	476	VIAENE Tim	24		1	11:19.81	5	11:44.28	1	2	11:28.56	0:15.52	0:12.77			8	0:12.77	34:32.65		3:27.26	17.369	1	HER	KNOKKE-HEIST
2.	516	DE CALUWE Dominic	31		3	11:26.26	2	11:43.13	3	1	11:26.80	0:18.69				64	0:18.69	34:36.19	+0:03.54	3:27.61	17.339	2	HER	EEKLO
3.	497	SEYS Pieter	28		6	11:26.75	1	11:42.43	2	3	11:31.33	0:18.63	0:19.02			62	0:18.63	34:40.51	+0:07.86	3:28.05	17.303	3	HER	HANDZAME
4.	518	CHERLET Wouter	20		2	11:26.25	3	11:43.27	4	4	11:33.13							34:42.65	+0:10.00	3:28.26	17.286	4	HER	MOERKERKE
5.	517	VAN DOORNE Niels	19		4	11:26.28	4	11:43.42	5	5	12:03.85	0:18.94	0:13.43	0:21.61		19	0:13.43	35:13.55	+0:40.90	3:31.35	17.033	5	HER	MOERKERKE
6.	329	VANDEBUSSCHE Frédéric	37	BRUGGE	5	11:26.73	7	12:09.10	6	7	12:28.61	0:18.72	0:21.59			65	0:18.72	36:04.44	+1:31.79	3:36.44	16.632	6	HER	ASSEBROEK
7.	368	REHEUL Dries	23		11	12:17.46	6	12:08.32	7	6	12:04.84							36:30.62	+1:57.97	3:39.06	16.434	7	HER	BEERNEM
8.	440	DE MEYER Freddy	51		8	12:10.10	8	12:36.25	8	8	12:44.14							37:30.49	+2:57.84	3:45.04	15.997	8	HER	DUDZELE
9.	309	STOCKMAN Jan	40		12	12:21.99	10	12:54.95	10	13	12:57.76		0:15.10			37	0:15.10	38:14.70	+3:42.05	3:49.47	15.688	9	HER	KNOKKE-HEIST
10.	389	SLABBINCK Wouter	16		9	12:10.16	13	13:06.51	9	15	13:06.69							38:23.36	+3:50.71	3:50.33	15.629	10	HER	KNOKKE-HEIST
11.	466	VAN LANDSCHOOT Jonas	18		7	12:09.86	18	13:28.21	12	10	12:46.85							38:24.92	+3:52.27	3:50.49	15.619	11	HER	KNOKKE-HEIST
12.	418	VANPARYS Julien	50		14	12:44.84	15	13:07.39	13	9	12:46.25							38:38.48	+4:05.83	3:51.84	15.527	12	HER	KNOKKE-HEIST
13.	468	VAN DE LUIJSTER Thys	18		10	12:10.39	14	13:07.17	11	21	13:36.37	0:22.84	0:22.84			107	0:22.84	38:53.93	+4:21.28	3:53.39	15.425	13	HER	KNOKKE-HEIST
14.	226	DEVOS Frédéric	23		18	13:06.63	16	13:13.11	14	12	12:51.70							39:11.44	+4:38.79	3:55.14	15.310	14	HER	DAMME
15.	488	IMBO Yannick	32		22	13:20.02	12	13:00.32	16	14	12:57.85		0:21.88			94	0:21.88	39:18.19	+4:45.54	3:55.81	15.266	15	HER	AALTER
16.	370	VAN TORRE Johan	50		24	13:45.15	9	12:49.76	19	11	12:50.89	0:22.11	0:22.64			97	0:22.11	39:25.80	+4:53.15	3:56.58	15.217	16	HER	KNOKKE-HEIST
17.	371	VANLERBERGHE N.	28		25	13:45.35	11	12:56.06	20	16	13:06.79							39:48.20	+5:15.55	3:58.82	15.074	17	HER	KNOKKE-HEIST
18.	520	PETTER Raimond	48		16	13:01.32	17	13:18.88	15	20	13:32.38		0:22.74			106	0:22.74	39:52.58	+5:19.93	3:59.25	15.047	18	HER	AACHEN
19.	451	DEVOS Gilles	36		20	13:13.80	20	13:30.16	22	17	13:15.56							39:59.52	+5:26.87	3:59.95	15.003	19	HER	DILBEEK
20.	327	VERHEYE Jeroen	31		21	13:14.75	19	13:29.00	21	18	13:17.43							40:01.18	+5:28.53	4:00.11	14.993	20	HER	GENT
21.	425	CLAEYS Mathieu	18		13	12:37.78	23	13:47.31	17	23	13:45.54							40:10.63	+5:37.98	4:01.06	14.934	21	HER	KNOKKE-HEIST
22.	278	DEPAEPE Geert	23		17	13:03.11	21	13:31.75	18	22	13:40.72		0:23.42			111	0:23.42	40:15.58	+5:42.93	4:01.55	14.903	22	HER	KNOKKE-HEIST
23.	262	CASSELMAN Dirk	40		15	12:59.10	22	13:45.61	23	24	13:45.80							40:30.51	+5:57.86	4:03.05	14.812	23	HER	KNOKKE-HEIST
24.	409	DELHEYE Henri	30		28	13:54.27	29	14:03.15	29	19	13:31.31							41:28.73	+6:56.08	4:08.87	14.465	24	HER	OOSTENDE
25.	477	DECLERCK Jan	41		23	13:28.09	30	14:04.12	24	33	14:07.83							41:40.04	+7:07.39	4:10.00	14.400	25	HER	KNOKKE-HEIST
26.	503	MEEUS Jan	43		30	13:55.05	25	13:55.02	27	29	13:58.88							41:48.95	+7:16.30	4:10.89	14.349	26	HER	WESTKERKE
27.	473	BAEKELANDT Kris	37		26	13:52.92	24	13:52.90	26	31	14:06.20							41:52.02	+7:19.37	4:11.20	14.331	27	HER	KNOKKE-HEIST
28.	487	DE MAESSCHALCK Jan	38		19	13:13.65	35	14:18.74	25	41	14:24.97							41:57.36	+7:24.71	4:11.73	14.301	28	HER	KNOKKE-HEIST
29.	350	THEVIS Patrick	30		32	13:57.07	28	14:01.51	30	30	13:59.09							41:57.67	+7:25.02	4:11.76	14.299	29	HER	WÜRSELEN
30.	220	DESTOOP Detlev	26	HARELBEKE	39	14:22.65	26	13:57.61	33	25	13:46.40							42:06.66	+7:34.01	4:12.66	14.248	30	HER	HARELBEKE
31.	508	MEEUS Peter	41		31	13:55.96	27	14:01.14	28	36	14:15.57							42:12.67	+7:40.02	4:13.26	14.214	31	HER	GISTEL
32.	330	F JANSSEUNE Bernadette	49		38	14:21.04	31	14:04.13	34	32	14:06.92		0:24.67			132	0:24.67	42:32.09	+7:59.44	4:15.20	14.106	1	VRO	DE
33.	410	SWINNEN Filip	36		27	13:53.94	33	14:06.22	31	48	14:36.76							42:36.92	+8:04.27	4:15.69	14.079	32	HER	DAMME
34.	267	DANNEELS Jacques	46		43	14:31.00	34	14:14.32	39	28	13:54.65	0:24.20	0:24.85	0:19.90		72	0:19.90	42:39.97	+8:07.32	4:15.99	14.063	33	HER	KNOKKE-HEIST
35.	308	F VAN BIERVLIET Sophie	37		33	13:58.37	42	14:27.37	36	38	14:19.22		0:24.77			134	0:24.77	42:44.96	+8:12.31	4:16.49	14.035	2	VRO	KNOKKE-HEIST
36.	290	DENECKER Mike	38		36	14:12.38	32	14:05.71	32	43	14:28.31							42:46.40	+8:13.75	4:16.64	14.027	34	HER	RONSE
37.	526	DE BRABANDERE Wouter	30		47	14:44.55	40	14:26.69	42	26	13:47.28	0:11.74	0:12.20			3	0:11.74	42:58.52	+8:25.87	4:17.85	13.961	35	HER	KNOKKE-HEIST

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

Tussen 2 Feesten Loop

Knokke, 28 December 2008, BEL

3x3.3km

Details

Pos	Nr	Name	Age	Team	Lap 1		Lap 2		Lap 3		Sprint					Age Group							
					Pos	Time	Pos	Time	Cum	Pos	Time	t1	t2	t3	Pos	Time	Time	Gap	TKm	Avg	Rang	Name	City
38.	511	F COOPMAN Sabrina	32		34	13:58.39	41	14:26.93	35	47	14:34.64						42:59.96	+8:27.31	4:17.99	13.954	3	VRO	BREDENE
39.	285	DE WAELE Frederik	29		53	14:52.55	37	14:24.10	44	27	13:47.92						43:04.57	+8:31.92	4:18.45	13.929	36	HER	EERNEGEM
40.	519	VAN HUFFEL Pieter	41		37	14:19.79	39	14:25.63	40	46	14:31.81						43:17.23	+8:44.58	4:19.72	13.861	37	HER	KNOKKE-HEIST
41.	328	F SLIEPERS Petra	38		45	14:34.62	46	14:37.58	43	45	14:29.80			0:25.64	151	0:25.64	43:42.00	+9:09.35	4:22.20	13.730	4	VRO	KERKSKEN
42.	507	MEEUS Samuel	17		29	13:55.04	52	14:47.27	37	61	15:00.46			0:15.71	41	0:15.71	43:42.77	+9:10.12	4:22.27	13.726	38	HER	GISTEL
43.	347	GIUSTI Roberto	43		40	14:23.54	38	14:24.18	41	59	14:55.21						43:42.93	+9:10.28	4:22.29	13.725	39	HER	KNOKKE-HEIST
44.	212	VANRYSELBERGHE Philippe	48		35	14:02.61	47	14:42.45	38	65	15:05.87						43:50.93	+9:18.28	4:23.09	13.683	40	HER	KNOKKE-HEIST
45.	441	VAN LOOCKE Eddy	52		72	15:17.76	36	14:22.61	48	42	14:25.68						44:06.05	+9:33.40	4:24.60	13.605	41	HER	ASSEBROEK
46.	486	BRULEZ Bart	39		46	14:38.91	51	14:46.83	45	51	14:45.44			0:24.26	126	0:24.26	44:11.18	+9:38.53	4:25.11	13.579	42	HER	OOSTENDE
47.	479	VAN NEVEL Eric	52		83	15:24.46	45	14:34.42	54	34	14:13.83						44:12.71	+9:40.06	4:25.27	13.571	43	HER	BRUGGE
48.	289	DEVISCH Frederik	33		84	15:24.84	44	14:34.13	55	40	14:24.81						44:23.78	+9:51.13	4:26.37	13.515	44	HER	DUDZELE
49.	446	DE BACKER Toon	40		67	15:06.91	53	14:50.67	52	44	14:29.12						44:26.70	+9:54.05	4:26.67	13.500	45	HER	BURCHT
50.	336	F THOMAS Ann	45		44	14:33.95	55	14:52.33	46	64	15:05.65	0:24.94	0:25.62		139	0:24.94	44:31.93	+9:59.28	4:27.19	13.473	5	VRO	KNOKKE-HEIST
51.	293	DE NEVE Fabien	39		50	14:47.90	58	15:02.08	49	54	14:48.15						44:38.13	+10:05.48	4:27.81	13.442	46	HER	KNOKKE-HEIST
52.	286	DELANNOY Didier	36		94	15:58.41	43	14:28.51	67	35	14:14.79	0:24.80	0:23.75		118	0:23.75	44:41.71	+10:09.06	4:28.17	13.424	47	HER	KNOKKE-HEIST
53.	513	VAN CUYCK Jacky	43		57	14:58.52	59	15:02.88	59	50	14:41.23	0:25.35			147	0:25.35	44:42.63	+10:09.98	4:28.26	13.420	48	HER	ZEEUWS
54.	253	DRYEPONDT Peter	39		63	15:01.53	60	15:03.43	60	52	14:46.98	0:25.01	0:25.76	0:22.62	104	0:22.62	44:51.94	+10:19.29	4:29.19	13.373	49	HER	DUDZELE
55.	270	F BOLLÉ Anja	39		66	15:06.42	54	14:52.08	53	57	14:53.54	0:24.40			129	0:24.40	44:52.04	+10:19.39	4:29.20	13.373	6	VRO	KNOKKE-HEIST
56.	510	KEUKELEIRE Dirk	47		51	14:50.24	67	15:10.60	57	62	15:01.23	0:25.88			155	0:25.88	45:02.07	+10:29.42	4:30.20	13.323	50	HER	BRUGGE
57.	535	VANDAELE Kristof	34		95	16:01.94	48	14:43.22	75	37	14:17.68						45:02.84	+10:30.19	4:30.28	13.319	51	HER	HOUTHULST
58.	384	SAMYN Paul	64		64	15:01.76	56	14:59.37	58	68	15:07.95						45:09.08	+10:36.43	4:30.90	13.289	52	HER	SINT-MICHIELS
59.	216	GOUWELoose Bernard	34		42	14:29.84	63	15:07.90	47	86	15:33.21						45:10.95	+10:38.30	4:31.09	13.279	53	HER	KNOKKE-HEIST
60.	454	VANMULLEM Lode	30		54	14:53.28	61	15:04.03	51	74	15:18.60						45:15.91	+10:43.26	4:31.59	13.255	54	HER	KNOKKE-HEIST
61.	512	HAMELINK Sven	29		59	14:59.79	71	15:13.51	63	63	15:04.45						45:17.75	+10:45.10	4:31.77	13.246	55	HER	UTRECHT
62.	276	DECLERCQ Peter	46		85	15:25.04	50	14:46.70	61	71	15:09.13						45:20.87	+10:48.22	4:32.08	13.231	56	HER	IZEGEM
63.	493	CASTELEIN Tom	38		69	15:09.76	62	15:04.13	64	69	15:08.01						45:21.90	+10:49.25	4:32.19	13.226	57	HER	KNOKKE-HEIST
64.	335	MOUTON P.	28		80	15:23.24	83	15:36.60	82	39	14:23.44	0:12.68			7	0:12.68	45:23.28	+10:50.63	4:32.32	13.219	58	HER	AALTER
65.	227	DE GROOTE Jan	51		48	14:44.56	72	15:15.33	56	79	15:27.88						45:27.77	+10:55.12	4:32.77	13.198	59	HER	KNOKKE-HEIST
66.	537	MAENHOUDT David	34		49	14:44.62	66	15:09.90	50	103	15:47.27	0:13.74			21	0:13.74	45:41.79	+11:09.14	4:34.17	13.130	60	HER	KNOKKE-HEIST
67.	387	CLAERHOUT Dieter	31		58	14:59.12	73	15:20.83	66	76	15:22.98						45:42.93	+11:10.28	4:34.29	13.125	61	HER	KNOKKE-HEIST
68.	483	STAEL Benedict	38		76	15:19.46	74	15:23.57	73	67	15:06.40						45:49.43	+11:16.78	4:34.94	13.094	62	HER	OOSTKERKE
69.	211	WISSE Johan	47		65	15:05.58	65	15:09.81	65	88	15:34.25						45:49.64	+11:16.99	4:34.96	13.093	63	HER	KNOKKE-HEIST
70.	363	DEMEYER Luc	42		88	15:33.41	76	15:23.73	80	55	14:52.68	0:13.32	0:13.43		16	0:13.32	45:49.82	+11:17.17	4:34.98	13.092	64	HER	MALDEGEM
71.	240	DE CRAEMER Jean-Pierre	56		62	15:01.41	68	15:11.50	62	102	15:46.34	0:25.21	0:26.13	0:26.38	143	0:25.21	45:59.25	+11:26.60	4:35.92	13.047	65	HER	DUDZELE
72.	390	VERMEERSCH Peter	43		77	15:20.50	80	15:32.70	78	72	15:11.47						46:04.67	+11:32.02	4:36.46	13.021	66	HER	BREDENE
73.	431	TIMMERMAN Nico	28		71	15:14.47	79	15:29.52	74	75	15:21.02	0:11.55			2	0:11.55	46:05.01	+11:32.36	4:36.50	13.020	67	HER	DUDZELE
74.	424	VERMEILLE Sebastiaan	30		115	16:28.75	49	14:44.57	85	56	14:53.20	0:25.35	0:24.84		137	0:24.84	46:06.52	+11:33.87	4:36.65	13.013	68	HER	HEIST-AAN-ZEE

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

Tussen 2 Feesten Loop

Knokke, 28 December 2008, BEL

3x3.3km

Details

Pos	Nr	Name	Age	Team	Lap 1		Lap 2		Lap 3		Sprint					Age Group								
					Pos	Time	Pos	Time	Cum	Pos	Time	t1	t2	t3	Pos	Time	Time	Gap	TKm	Avg	Rang	Name	City	
75.	422	VERMEERSCH Johan	43		68	15:07.16	82	15:35.85	72	82	15:30.42	0:26.39				164	0:26.39	46:13.43	+11:40.78	4:37.34	12.980	69	HER	BRUGGE
76.	377	THIERIE Luc	44		92	15:39.65	77	15:26.27	84	70	15:08.91	0:26.71				175	0:26.71	46:14.83	+11:42.18	4:37.48	12.974	70	HER	KNOKKE-HEIST
77.	471	GUIDEE Christiaan	44		75	15:19.14	75	15:23.59	71	87	15:34.20							46:16.93	+11:44.28	4:37.69	12.964	71	HER	BRUGGE
78.	265	LAMOTE Francis	33		56	14:57.70	88	15:44.67	70	91	15:38.49	0:18.55	0:26.41	0:20.43	61	0:18.55	46:20.86	+11:48.21	4:38.08	12.946	72	HER	BRUGGE	
79.	534	DECLERCK Patrick	46		105	16:13.68	69	15:12.99	90	58	14:55.07	0:25.84			154	0:25.84	46:21.74	+11:49.09	4:38.17	12.942	73	HER	WOUMEN	
80.	351	VERFAILLIE Jürgen	35		60	15:00.12	84	15:40.99	68	98	15:44.99							46:26.10	+11:53.45	4:38.61	12.921	74	HER	KNOKKE-HEIST
81.	531	LIPS Ignace	35		52	14:50.31	96	15:51.78	69	96	15:44.03	0:25.62			150	0:25.62	46:26.12	+11:53.47	4:38.61	12.921	75	HER	KNOKKE-HEIST	
82.	423	DE RUYTER Johnny	37	BRANDWEER	135	16:55.76	57	15:01.79	97	49	14:40.78	0:27.23	0:26.34	0:14.04	27	0:14.04	46:38.33	+12:05.68	4:39.83	12.865	76	HER	KNOKKE-HEIST	
83.	320	PROOT John	39		91	15:38.79	89	15:46.54	89	73	15:13.73	0:12.99			13	0:12.99	46:39.06	+12:06.41	4:39.90	12.861	77	HER	KNOKKE-HEIST	
84.	383	VAN HOUCKE Karel	63		87	15:33.24	78	15:27.10	83	93	15:40.96	0:26.09	0:27.42	0:26.84	156	0:26.09	46:41.30	+12:08.65	4:40.13	12.851	78	HER	SINT-ANDRIES	
85.	522	SCHAEPDRIJVER Dominique	35		133	16:52.31	64	15:08.43	100	53	14:47.75		0:26.43	0:25.53	148	0:25.53	46:48.49	+12:15.84	4:40.84	12.818	79	HER	HEIST-AAN-ZEE	
86.	438	DE COSTER Robert	40		70	15:11.25	85	15:41.35	77	117	15:58.72		0:26.00	0:16.13	46	0:16.13	46:51.32	+12:18.67	4:41.13	12.805	80	HER	DE	
87.	421	GOETHALS Rudy	42		61	15:00.55	99	15:53.49	79	130	16:15.94							47:09.98	+12:37.33	4:42.99	12.721	81	HER	KNOKKE-HEIST
88.	461	ABEL Johan	42		79	15:22.13	100	15:53.91	87	116	15:57.98							47:14.02	+12:41.37	4:43.40	12.703	82	HER	SIJSELE
89.	339	CLAUWAERT Thierry	34		89	15:34.16	91	15:48.93	88	115	15:57.78							47:20.87	+12:48.22	4:44.08	12.672	83	HER	KRUISHOUTEM
90.	500	BEDERT Daivy	16		101	16:08.67	81	15:34.73	94	92	15:40.44							47:23.84	+12:51.19	4:44.38	12.659	84	HER	BLANKENBERGE
91.	345	DEPAUW Pieter-Jan	19		73	15:17.84	112	16:09.41	91	119	16:03.16			0:14.88	35	0:14.88	47:30.41	+12:57.76	4:45.04	12.630	85	HER	KNOKKE-HEIST	
92.	484	VAN POUCKE Patrick	44		99	16:06.48	87	15:43.75	96	94	15:41.16							47:31.39	+12:58.74	4:45.13	12.625	86	HER	ASSEBROEK
93.	367	PROVOOST Geert	46		55	14:54.74	109	16:04.43	81	143	16:36.72	0:15.88	0:16.20	0:16.45	43	0:15.88	47:35.89	+13:03.24	4:45.58	12.606	87	HER	KNOKKE-HEIST	
94.	237	DECEUNINCK Gino	41		108	16:22.85	93	15:50.35	103	81	15:28.27		0:26.96	0:24.37	128	0:24.37	47:41.47	+13:08.82	4:46.14	12.581	88	HER	KNOKKE-HEIST	
95.	394	CLAEYS Karel	40		96	16:02.18	102	15:56.44	98	97	15:44.87							47:43.49	+13:10.84	4:46.34	12.572	89	HER	KNOKKE-HEIST
96.	313	EVERAERT K.	28		86	15:25.73	111	16:05.82	93	127	16:12.28							47:43.83	+13:11.18	4:46.38	12.571	90	HER	EEKLO
97.	295	DE VEYLDER Wim	40		106	16:15.66	105	16:00.81	107	80	15:28.07							47:44.54	+13:11.89	4:46.45	12.567	91	HER	AALST
98.	225	DE MAERTELEERE Luc	41		111	16:24.29	92	15:48.96	104	89	15:35.09							47:48.34	+13:15.69	4:46.83	12.551	92	HER	SINT-LAUREINS
99.	325	VAN DAELE Kris	45		103	16:12.59	90	15:48.07	99	108	15:52.60							47:53.26	+13:20.61	4:47.32	12.529	93	HER	SINT-NIKLAAS
100.	444	VERBURGT Johan	53		97	16:02.51	104	15:59.81	101	110	15:54.20	0:27.17			178	0:27.17	47:56.52	+13:23.87	4:47.65	12.515	94	HER	KRUISHOUTEM	
101.	342	GOETHALS Frederik	34		78	15:21.98	94	15:51.45	86	156	16:53.18	0:25.72	0:27.96	0:29.18	152	0:25.72	48:06.61	+13:33.96	4:48.66	12.471	95	HER	KNOKKE-HEIST	
102.	465	PLASMANS Wilfried	47		134	16:52.85	70	15:13.27	102	121	16:03.85	0:25.83		0:23.91	121	0:23.91	48:09.97	+13:37.32	4:48.99	12.457	96	HER	VARSENARE	
103.	236	BERKEIN Jan	39	KN-H	109	16:23.28	98	15:51.96	105	120	16:03.40	0:26.75	0:26.60	0:26.87	172	0:26.60	48:18.64	+13:45.99	4:49.86	12.420	97	HER	KNOKKE-HEIST	
104.	355	F DAENEKYNT Isabel	40		121	16:41.64	107	16:01.59	113	90	15:35.68	0:27.26		0:26.16	157	0:26.16	48:18.91	+13:46.26	4:49.89	12.418	7	VRO	SINT-ANDRIES	
105.	238	F ALLEMEERSCH Greet	41		110	16:23.55	97	15:51.84	106	126	16:08.44							48:23.83	+13:51.18	4:50.38	12.397	8	VRO	KNOKKE-HEIST
106.	311	BOI R.	29		81	15:23.89	108	16:04.40	92	163	17:00.74	0:24.53	0:28.35	0:30.41	130	0:24.53	48:29.03	+13:56.38	4:50.90	12.375	98	HER	BRUGGE	
107.	437	VANDE LANGERIJT Pierre	58		126	16:44.12	101	15:54.90	111	105	15:51.38	0:26.36	0:27.11		162	0:26.36	48:30.40	+13:57.75	4:51.04	12.369	99	HER	KNOKKE	
108.	496	SIX Hans	26		41	14:24.77	125	16:26.57	76	196	17:40.56	0:12.86		0:12.39	5	0:12.39	48:31.90	+13:59.25	4:51.19	12.363	100	HER	HEIST-AAN-ZEE	
109.	266	VERMEERSCH Dany	40		107	16:16.75	122	16:23.06	112	106	15:52.32							48:32.13	+13:59.48	4:51.21	12.362	101	HER	KNOKKE-HEIST
110.	482	RUYSSCHAERT Frederik	37		98	16:05.04	123	16:23.53	108	122	16:04.99							48:33.56	+14:00.91	4:51.35	12.356	102	HER	ASSEBROEK
111.	284	MAREYDT Danny	49		119	16:39.19	110	16:04.44	114	109	15:53.33	0:26.68		0:21.77	91	0:21.77	48:36.96	+14:04.31	4:51.69	12.342	103	HER	KNOKKE-HEIST	

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

Tussen 2 Feesten Loop

Knokke, 28 December 2008, BEL

3x3.3km

Details

Pos	Nr	Name	Age	Team	Lap 1			Lap 2			Lap 3		Sprint					Age Group					
					Pos	Time	Cum	Pos	Time	Cum	Pos	Time	t1	t2	t3	Pos	Time	Time	Gap	TKm	Avg	Rang	Name
112.	436	VAN COMPERNOLLE Danny	54		114	16:28.12	113	16:10.20	110	118	16:02.54						48:40.86	+14:08.21	4:52.08	12.325	104	HER	ZEEBRUGGE
113.	524	VERHELST Andre	49		161	17:17.33	103	15:58.06	122	78	15:27.06			0:21.00	85	0:21.00	48:42.45	+14:09.80	4:52.24	12.318	105	HER	DAMME
114.	403	DELHEYE Arthur	14		199	18:04.17	86	15:42.81	135	60	14:55.99		0:27.17	0:25.05	141	0:25.05	48:42.97	+14:10.32	4:52.29	12.316	1	JUH	MOERKERKE
115.	239	PIERETS Kristof	39		124	16:42.36	114	16:12.82	117	104	15:48.21			0:24.55	131	0:24.55	48:43.39	+14:10.74	4:52.33	12.314	106	HER	DUDZELE
116.	356	RAMBOER Filip	44		123	16:42.14	106	16:01.57	115	123	16:05.04		0:27.58		187	0:27.58	48:48.75	+14:16.10	4:52.87	12.292	107	HER	SINT-ANDRIES
117.	257	SAVELS Ronny	52		149	17:05.91	115	16:13.78	126	84	15:32.05			0:24.06	123	0:24.06	48:51.74	+14:19.09	4:53.17	12.279	108	HER	KNOKKE-HEIST
118.	393	FINCIOEN Ronny	50		118	16:38.85	117	16:17.48	118	113	15:56.55		0:27.07	0:23.13	109	0:23.13	48:52.88	+14:20.23	4:53.28	12.275	109	HER	KNOKKE-HEIST
119.	258	F VANDAELE Carine	43		136	16:57.78	118	16:17.92	123	95	15:41.25			0:26.41	165	0:26.41	48:56.95	+14:24.30	4:53.69	12.258	9	VRO	KNOKKE-HEIST
120.	472	VAN HOOFF Bernard	31		112	16:25.87	119	16:18.39	116	128	16:12.72						48:56.98	+14:24.33	4:53.69	12.257	110	HER	KNOKKE
121.	505	JANSSENS Gianni	15		153	17:08.98	143	16:44.96	140	66	15:06.24	0:13.07			14	0:13.07	49:00.18	+14:27.53	4:54.01	12.244	2	JUH	RAMSKAPELLE
122.	296	MORBEE Christophe	28		74	15:18.81	124	16:26.15	95	176	17:18.45		0:28.19	0:22.27	99	0:22.27	49:03.41	+14:30.76	4:54.34	12.231	111	HER	KNOKKE-HEIST
123.	354	DE CLERCQ Pieter	11		93	15:53.62	133	16:38.61	109	139	16:31.24	0:27.55	0:29.06	0:20.81	83	0:20.81	49:03.47	+14:30.82	4:54.34	12.230	3	JUH	KNOKKE-HEIST
124.	416	DEWAELE Didier			158	17:11.40	139	16:40.48	139	85	15:32.87	0:26.35	0:13.23	0:21.33	15	0:13.23	49:24.75	+14:52.10	4:56.47	12.143	1	XXX	KNOKKE-HEIST
125.	205	VERBEKE Steven	34		144	17:02.79	116	16:15.33	125	125	16:07.18						49:25.30	+14:52.65	4:56.53	12.140	112	HER	KNOKKE-HEIST
126.	364	JANSSENS Franky	45		154	17:09.52	129	16:30.09	129	107	15:52.51						49:32.12	+14:59.47	4:57.21	12.113	113	HER	ZWANKENDAMME
127.	369	VANDIERENDONCK J.	48		180	17:42.49	127	16:27.53	149	77	15:26.09						49:36.11	+15:03.46	4:57.61	12.096	114	HER	KNOKKE-HEIST
128.	442	VANDIERENDONCK Serge	38		117	16:29.52	144	16:45.10	121	133	16:22.00						49:36.62	+15:03.97	4:57.66	12.094	115	HER	WESTKAPELLE
129.	362	DE VOS Werner	41		128	16:49.43	126	16:26.94	124	136	16:25.56						49:41.93	+15:09.28	4:58.19	12.073	116	HER	ROKSEM
130.	332	DE WEERDT Geert	42		181	17:42.81	128	16:27.77	150	83	15:31.63		0:27.50		184	0:27.50	49:42.21	+15:09.56	4:58.22	12.072	117	HER	KNOKKE-HEIST
131.	324	BAES Constant	44		152	17:08.61	131	16:37.90	133	114	15:57.18	0:28.04	0:28.63	0:27.78	190	0:27.78	49:43.69	+15:11.04	4:58.36	12.066	118	HER	KNOKKE-HEIST
132.	528	VERMOTE Dany	55		122	16:41.69	130	16:32.27	120	144	16:36.84						49:50.80	+15:18.15	4:59.08	12.037	119	HER	DUDZELE
133.	242	LIPPENS Alain	42		125	16:42.43	121	16:22.01	119	159	16:57.97	0:27.44		0:28.41	182	0:27.44	50:02.41	+15:29.76	5:00.24	11.990	120	HER	SINT-NIKLAAS
134.	348	F DE ZUTTER Conny	44		137	16:58.73	120	16:21.68	127	149	16:43.56			0:27.92	193	0:27.92	50:03.97	+15:31.32	5:00.39	11.984	10	VRO	DAMME
135.	481	DEGRAEVE Johnny	44		140	17:00.94	146	16:45.71	134	135	16:24.41	0:14.49	0:14.39	0:14.95	31	0:14.39	50:11.06	+15:38.41	5:01.10	11.956	121	HER	KNOKKE-HEIST
136.	277	F FLORIZOONE Inge	43		143	17:01.73	145	16:45.49	137	134	16:24.40	0:29.01		0:28.20	200	0:28.20	50:11.62	+15:38.97	5:01.16	11.954	11	VRO	KNOKKE-HEIST
137.	343	DENYS Koen	37		146	17:03.78	150	16:56.58	143	132	16:20.22	0:14.21		0:21.01	28	0:14.21	50:20.58	+15:47.93	5:02.05	11.918	122	HER	KNOKKE-HEIST
138.	499	WILLEMARCK Patrick	48		141	17:01.00	147	16:46.08	136	141	16:34.43	0:29.08	0:29.30	0:27.35	180	0:27.35	50:21.51	+15:48.86	5:02.15	11.915	123	HER	KNOKKE-HEIST
139.	352	F MOUTON Evelyne	29		193	17:56.89	138	16:39.64	164	99	15:45.06						50:21.59	+15:48.94	5:02.15	11.914	12	VRO	TIELT
140.	474	F BEHAEGHE Sofie	24		160	17:12.62	149	16:50.42	145	137	16:26.52						50:29.56	+15:56.91	5:02.95	11.883	13	VRO	ZWIJNAARDE
141.	504	DECORTE Benjamin	10		120	16:41.19	171	17:21.82	144	140	16:31.91	0:30.08	0:33.38	0:30.39	225	0:30.08	50:34.92	+16:02.27	5:03.49	11.862	4	JUH	KNOKKE-HEIST
142.	219	F THEVIS Beatrice	27		174	17:39.05	140	16:42.95	153	131	16:19.89	0:28.96	0:28.86	0:28.72	207	0:28.72	50:41.89	+16:09.24	5:04.18	11.835	14	VRO	WÜRSELEN
143.	412	DE MEESTER Stijn	26		194	17:57.63	135	16:39.14	165	124	16:05.85			0:26.36	162	0:26.36	50:42.62	+16:09.97	5:04.26	11.832	124	HER	SINT-KRUIS
144.	398	VANTORRE Koen	25		104	16:12.68	178	17:28.16	130	167	17:04.95	0:12.97			12	0:12.97	50:45.79	+16:13.14	5:04.57	11.820	125	HER	KNOKKE-HEIST
145.	373	F VERSTAPPEN Nancy	43		131	16:51.38	156	17:07.13	142	154	16:49.11						50:47.62	+16:14.97	5:04.76	11.812	15	VRO	KNOKKE-HEIST
146.	366	F VAN SUMMEREN Maycke	55		129	16:50.13	157	17:07.40	141	157	16:53.58	0:28.42	0:29.66		204	0:28.42	50:51.11	+16:18.46	5:05.11	11.799	16	VRO	KNOKKE-HEIST
147.	310	CLAEYS Pieter	45		100	16:07.92	173	17:22.71	128	179	17:21.32						50:51.95	+16:19.30	5:05.19	11.796	126	HER	ROESELARE
148.	340	VANDAELE Jos	58		145	17:03.60	148	16:48.26	138	165	17:02.54						50:54.40	+16:21.75	5:05.44	11.786	127	HER	BLANKENBERGE

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

Tussen 2 Feesten Loop

Knokke, 28 December 2008, BEL

3x3.3km

Details

Pos	Nr	Name	Age	Team	Lap 1		Lap 2			Lap 3		Sprint					Age Group							
					Pos	Time	Pos	Time	Cum	Pos	Time	t1	t2	t3	Pos	Time	Time	Gap	TKm	Avg	Rang	Name	City	
149.	353	F LAMOTE Mieke	44		165	17:26.00	151	16:57.44	155	142	16:34.62	0:29.02	0:28.95			210	0:28.95	50:58.06	+16:25.41	5:05.80	11.772	17	VRO	MOERKERKE
150.	245	F LIERMAN Melissa	27		142	17:01.49	141	16:43.26	132	174	17:14.26	0:27.85				191	0:27.85	50:59.01	+16:26.36	5:05.90	11.769	18	VRO	KNOKKE-HEIST
151.	359	F MEYERS Nancy	45		183	17:45.70	137	16:39.22	157	148	16:43.38	0:28.62				205	0:28.62	51:08.30	+16:35.65	5:06.83	11.733	19	VRO	BLANKENBERGE
152.	360	F TANGHE Sabine	36		184	17:45.94	134	16:38.91	156	149	16:43.56							51:08.41	+16:35.76	5:06.84	11.732	20	VRO	BLANKENBERGE
153.	287	F NEYENS Jules	66		185	17:46.62	136	16:39.16	158	147	16:42.81							51:08.59	+16:35.94	5:06.85	11.732	128	HER	BLANKENBERGE
154.	207	F BAECKELANDT Gilles	9		207	18:21.04	154	17:05.42	184	100	15:45.37	0:29.70		0:26.52	170	0:26.52	51:11.83	+16:39.18	5:07.18	11.719	5	JUH	ZEEBRUGGE	
155.	375	F BASTIJNS Jeroen	39		169	17:28.76	197	17:52.99	182	112	15:54.91							51:16.66	+16:44.01	5:07.66	11.701	129	HER	MECHELEN
156.	206	F BAECKELANDT Wim	40		208	18:22.89	155	17:07.08	186	111	15:54.74		0:28.57	0:26.46	168	0:26.46	51:24.71	+16:52.06	5:08.47	11.670	130	HER	ZEEBRUGGE	
157.	229	F DELODDERE Jean	37		127	16:45.72	168	17:18.27	146	186	17:29.22	0:17.74	0:22.21	0:24.57	57	0:17.74	51:33.21	+17:00.56	5:09.32	11.638	131	HER	KNOKKE-HEIST	
158.	450	F VANDEN BUSSCHE Filip	43		186	17:47.41	132	16:38.40	159	170	17:07.72							51:33.53	+17:00.88	5:09.35	11.637	132	HER	NIEUWMUNSTER
159.	392	F VANMASSENHOVE Stefaan	25		132	16:51.90	161	17:12.12	147	189	17:30.96							51:34.98	+17:02.33	5:09.49	11.632	133	HER	OOSTENDE
160.	382	F WINTEIN Marc	52		188	17:47.85	152	17:00.55	170	153	16:46.98	0:28.33				202	0:28.33	51:35.38	+17:02.73	5:09.53	11.630	134	HER	KNOKKE-HEIST
161.	248	F CASIER Gino	39		155	17:09.86	162	17:13.22	154	173	17:12.36							51:35.44	+17:02.79	5:09.54	11.630	135	HER	LISSEWEGE
162.	331	F DE LANGHE David	17		113	16:27.22	166	17:15.57	131	201	17:53.61	0:12.65	0:12.30	0:13.36	4	0:12.30	51:36.40	+17:03.75	5:09.64	11.626	136	HER	KNOKKE-HEIST	
163.	453	F VERPLANCKE Freddy	46		163	17:24.51	181	17:32.78	176	146	16:40.78							51:38.07	+17:05.42	5:09.80	11.620	137	HER	ASSEBROEK
164.	231	F DE CRAEMER Hans	58		178	17:41.59	142	16:44.47	160	172	17:12.32							51:38.38	+17:05.73	5:09.83	11.619	138	HER	KNOKKE-HEIST
165.	443	F RIJCKAERT Daniel	45		177	17:40.29	153	17:03.89	168	160	16:58.62		0:28.24	0:27.26	179	0:27.26	51:42.80	+17:10.15	5:10.28	11.602	139	HER	KNOKKE-HEIST	
166.	221	F DEWEERDT Danny	52		172	17:36.54	164	17:13.60	172	155	16:53.07	0:28.16	0:27.91	0:28.11	192	0:27.91	51:43.21	+17:10.56	5:10.32	11.601	140	HER	KNOKKE-HEIST	
167.	326	F DEVINCK Philip	51		201	18:11.95	172	17:22.02	188	129	16:13.37	0:30.22	0:30.62			228	0:30.22	51:47.34	+17:14.69	5:10.73	11.585	141	HER	KNOKKE-HEIST
168.	224	F DE BLEEKER Michel	57		157	17:10.52	167	17:17.03	161	177	17:20.13							51:47.68	+17:15.03	5:10.76	11.584	142	HER	DAMME
169.	333	F GOOSSENS Leen	36		167	17:26.81	165	17:14.69	167	169	17:07.22	0:17.44				56	0:17.44	51:48.72	+17:16.07	5:10.87	11.580	21	VRO	KNOKKE-HEIST
170.	455	F VAN DER PERRE Frederik	32		205	18:12.97	169	17:19.51	187	138	16:27.09							51:59.57	+17:26.92	5:11.95	11.540	143	HER	OUDEBURG
171.	490	F VAN DEN BROKKE Arthur	13		156	17:10.43	159	17:10.29	152	197	17:41.23	0:27.62		0:31.04	188	0:27.62	52:01.95	+17:29.30	5:12.19	11.531	6	JUH	KNOKKE-HEIST	
172.	233	F VANDE Kerckhove Julie	29		196	18:03.16	176	17:24.90	185	145	16:36.95	0:29.17	0:29.10	0:20.93	84	0:20.93	52:05.01	+17:32.36	5:12.50	11.520	22	VRO	KNOKKE-HEIST	
173.	439	F OVERMEIRE Aaron	28		170	17:30.80	179	17:31.38	178	168	17:05.47							52:07.65	+17:35.00	5:12.76	11.510	144	HER	EEKLO
174.	272	F VLEESHOUWERS Geert	45		148	17:04.55	190	17:43.91	171	181	17:22.51							52:10.97	+17:38.32	5:13.09	11.498	145	HER	OLSENE
175.	228	F VERCNOCKE Ives	37		166	17:26.48	163	17:13.27	166	191	17:35.00	0:28.85	0:29.85	0:14.82	34	0:14.82	52:14.75	+17:42.10	5:13.47	11.484	146	HER	SIJSELE-DAMME	
176.	399	F BLOMMÉ Marc	40		197	18:03.32	158	17:07.58	179	166	17:04.11		0:30.09	0:28.91	208	0:28.91	52:15.01	+17:42.36	5:13.50	11.483	147	HER	KNOKKE-HEIST	
177.	456	F VANCRAEYNST Stijn	32		203	18:12.58	175	17:24.35	189	152	16:44.49							52:21.42	+17:48.77	5:14.14	11.460	148	HER	OUDEBURG
178.	341	F HOEMAECKER Jan	29		151	17:08.33	188	17:42.74	173	190	17:33.27	0:16.83		0:14.64	33	0:14.64	52:24.34	+17:51.69	5:14.43	11.449	149	HER	KNOKKE-HEIST	
179.	475	F CRETS Bruno	33		175	17:40.06	170	17:20.38	177	184	17:26.00							52:26.44	+17:53.79	5:14.64	11.442	150	HER	ANTWERPEN
180.	255	F DE VLIEGER Sander	15		139	17:00.66	219	18:43.45	191	151	16:44.07	0:15.82	0:30.50			42	0:15.82	52:28.18	+17:55.53	5:14.81	11.435	7	JUH	KNOKKE-HEIST
181.	234	F DEVLIEGER Lisa	15		138	17:00.25	213	18:17.27	181	180	17:22.30	0:16.79	0:31.63	0:27.24	51	0:16.79	52:39.82	+18:07.17	5:15.98	11.393	1	JUF	KNOKKE-HEIST	
182.	263	F DE VOOGT Freddy	52		171	17:35.59	186	17:40.05	180	188	17:29.37							52:45.01	+18:12.36	5:16.50	11.374	151	HER	KNOKKE-HEIST
183.	428	F VERPOORTER Betty	42		164	17:25.56	177	17:27.46	175	199	17:52.12		0:29.63			219	0:29.63	52:45.14	+18:12.49	5:16.51	11.374	23	VRO	ZEEBRUGGE
184.	415	F VAN STAAY Jan	42		159	17:11.46	174	17:24.10	163	212	18:10.29	0:26.22	0:30.54	0:31.31	159	0:26.22	52:45.85	+18:13.20	5:16.58	11.371	152	HER	KNOKKE-HEIST	
185.	256	F DE VLIEGER Johan	44		176	17:40.10	203	18:04.63	193	171	17:10.54	0:13.73		0:26.27	20	0:13.73	52:55.27	+18:22.62	5:17.52	11.338	153	HER	KNOKKE-HEIST	

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

Tussen 2 Feesten Loop

Knokke, 28 December 2008, BEL

3x3.3km

Details

Pos	Nr	Name	Age	Team	Lap 1		Lap 2			Lap 3		Sprint					Age Group						
					Pos	Time	Pos	Time	Cum	Pos	Time	t1	t2	t3	Pos	Time	Time	Gap	TKm	Avg	Rang	Name	City
223.	280	F VAN LOOCKE Gerda	59		225	18:49.42	224	18:53.48	227	230	18:42.19				265	0:32.29	56:25.09	+21:52.44	5:38.50	10.635	32	VRO	BRUGGE
224.	292	MERTENS Jonathan	15		202	18:12.55	253	19:34.41	229	226	18:39.49	0:15.92	0:34.46	0:32.62	44	0:15.92	56:26.45	+21:53.80	5:38.64	10.631	11	JUH	KNOKKE-HEIST
225.	269	MARTENS Johan	52		250	19:36.31	233	19:04.02	248	200	17:52.69			0:17.22	53	0:17.22	56:33.02	+22:00.37	5:39.30	10.610	177	HER	KNOKKE-HEIST
226.	202	KREPS Paul	56		221	18:34.55	222	18:45.31	223	244	19:15.68						56:35.54	+22:02.89	5:39.55	10.602	178	HER	KNOKKE-HEIST
227.	433	F VANSTEENKIOTE Annick	48		253	19:36.54	217	18:30.95	234	223	18:31.29						56:38.78	+22:06.13	5:39.87	10.592	33	VRO	KNOKKE
228.	378	F DE VISSCHER Sabine	43		246	19:19.86	223	18:48.72	235	231	18:42.58	0:32.64	0:33.43		275	0:32.64	56:51.16	+22:18.51	5:41.11	10.554	34	VRO	KNOKKE-HEIST
229.	259	F VANDENDRIESSCHE Karmen	32		224	18:43.63	227	18:55.77	226	239	19:12.53	0:31.00	0:31.89		241	0:31.00	56:51.93	+22:19.28	5:41.19	10.551	35	VRO	KNOKKE-HEIST
230.	243	DECEUR Marc	45	KN-H	218	18:32.43	248	19:22.43	231	238	19:09.14		0:15.50	0:15.16	38	0:15.16	57:04.00	+22:31.35	5:42.40	10.514	179	HER	BRUGGE
231.	215	F ROSEEUW Isolde	33		264	20:00.19	234	19:04.17	253	204	18:01.58	0:31.09		0:16.23	48	0:16.23	57:05.94	+22:33.29	5:42.59	10.508	36	VRO	KNOKKE-HEIST
232.	400	F MASSIN Els	31		261	19:55.44	240	19:15.58	260	208	18:06.25	0:34.07	0:33.09		281	0:33.09	57:17.27	+22:44.62	5:43.72	10.473	37	VRO	KNOKKE-HEIST
233.	408	NOBUS Vincent	37		262	19:55.62	237	19:15.12	259	209	18:06.63						57:17.37	+22:44.72	5:43.73	10.473	180	HER	KNOKKE-HEIST
234.	322	F VERBIST Gwendy	45		254	19:37.32	230	19:01.80	243	229	18:41.27						57:20.39	+22:47.74	5:44.03	10.464	38	VRO	LISSEWEGE
235.	464	VERMOTE Robert	47		251	19:36.46	231	19:02.95	244	228	18:41.11	0:32.40		0:21.50	88	0:21.50	57:20.52	+22:47.87	5:44.05	10.464	181	HER	BLANKENBERGE
236.	304	DEGRYSE Peter	45		252	19:36.53	232	19:02.99	245	227	18:41.05		0:33.46	0:31.45	251	0:31.45	57:20.57	+22:47.92	5:44.05	10.463	182	HER	JABBEKE
237.	379	MAERTENS Jan	41		258	19:50.74	238	19:15.31	255	219	18:17.06			0:27.40	181	0:27.40	57:23.11	+22:50.46	5:44.31	10.456	183	HER	KNOKKE-HEIST
238.	380	MAERTENS Arvo			259	19:50.79	239	19:15.38	256	218	18:16.99	0:31.61	0:33.40	0:26.65	174	0:26.65	57:23.16	+22:50.51	5:44.31	10.456	4	XXX	KNOKKE-HEIST
239.	201	F DESUTTER Valérie	39		245	19:18.29	246	19:21.33	246	233	18:45.56	0:32.31	0:33.52	0:31.41	250	0:31.41	57:25.18	+22:52.53	5:44.51	10.449	39	VRO	KNOKKE-HEIST
240.	235	VAN EUPEN Ignace	55		239	19:04.89	229	19:00.42	233	250	19:20.81			0:29.80	220	0:29.80	57:26.12	+22:53.47	5:44.61	10.447	184	HER	KAPELLEN
241.	492	F DEHONDT Marie-Rose	44		212	18:27.55	255	19:42.69	236	248	19:19.11	0:31.92	0:32.26		259	0:31.92	57:29.35	+22:56.70	5:44.93	10.437	40	VRO	OOSTENDE
242.	491	BRAILLY Jean-Marie	51		211	18:27.05	258	19:43.70	237	247	19:18.67	0:14.93	0:14.29	0:14.63	30	0:14.29	57:29.42	+22:56.77	5:44.94	10.437	185	HER	BLANKENBERGE
243.	452	DECONINCK Henk	34		220	18:33.17	235	19:13.23	228	269	19:57.66						57:44.06	+23:11.41	5:46.40	10.392	186	HER	KNOKKE-HEIST
244.	417	F NEYTS Nadine	53		247	19:27.00	236	19:13.30	247	243	19:14.69						57:54.99	+23:22.34	5:47.49	10.360	41	VRO	KNOKKE-HEIST
245.	275	F LARIDON Krista	42		244	19:18.14	241	19:20.24	241	251	19:21.81			0:22.99	108	0:22.99	58:00.19	+23:27.54	5:48.01	10.344	42	VRO	KNOKKE-HEIST
246.	427	VANDENBUSSCHE Camiel	8		102	16:12.21	256	19:43.16	200	296	22:05.64						58:01.01	+23:28.36	5:48.10	10.342	12	JUH	ASSEBROEK
247.	251	F VANHOLLEBEKE Sofia	40		238	19:04.63	257	19:43.48	249	242	19:13.98	0:31.82			254	0:31.82	58:02.09	+23:29.44	5:48.20	10.339	43	VRO	SINT-TRUIDEN
248.	283	LAMBRICHTS Brecht	13		284	20:26.92	250	19:23.24	264	215	18:12.91	0:33.18	0:32.77	0:30.07	224	0:30.07	58:03.07	+23:30.42	5:48.30	10.336	13	JUH	KNOKKE-HEIST
249.	282	DEBAERE Robert	63		285	20:27.11	249	19:23.16	265	216	18:13.14						58:03.41	+23:30.76	5:48.34	10.335	187	HER	KNOKKE-HEIST
250.	459	VERLINDE Jurgen	38	BRANDWEER	216	18:31.41	245	19:21.28	230	272	20:13.32		0:15.37		40	0:15.37	58:06.01	+23:33.36	5:48.60	10.327	188	HER	ASSEBROEK
251.	419	F VANHYFTE Lisa	21		242	19:09.09	243	19:20.60	239	261	19:36.58	0:31.26	0:33.22	0:30.57	234	0:30.57	58:06.27	+23:33.62	5:48.62	10.326	44	VRO	KNOKKE-HEIST
252.	420	HEUZEL Laurens	22		241	19:08.93	242	19:20.53	238	262	19:37.08			0:14.26	29	0:14.26	58:06.54	+23:33.89	5:48.65	10.325	189	HER	ZEEBRUGGE
253.	300	F CHIELENS Ciska	47		243	19:18.05	244	19:20.75	242	259	19:34.04		0:33.29	0:26.57	171	0:26.57	58:12.84	+23:40.19	5:49.28	10.307	45	VRO	KNOKKE-HEIST
254.	509	DE WISPELAERE Franky	36		256	19:38.42	251	19:24.08	252	257	19:27.05			0:20.33	79	0:20.33	58:29.55	+23:56.90	5:50.95	10.258	190	HER	HEIST-AAN-ZEE
255.	489	DEROUBAIX Peter	43		206	18:19.42	286	20:13.96	240	268	19:57.63			0:32.87	279	0:32.87	58:31.01	+23:58.36	5:51.10	10.253	191	HER	EDEGEM
256.	467	POPELIER Dimitri	18		90	15:36.61	285	20:13.42	196	306	23:12.59	0:13.75			22	0:13.75	59:02.62	+24:29.97	5:54.26	10.162	192	HER	KNOKKE-HEIST
257.	414	F DE DUYSCHÉ Sabine	44		265	20:08.63	252	19:34.37	263	256	19:25.53	0:32.19			263	0:32.19	59:08.53	+24:35.88	5:54.85	10.145	46	VRO	KNOKKE-HEIST
258.	536	F VAN LANDSCHOOT Hilde	45		288	20:30.49	254	19:41.62	269	237	19:05.05	0:20.71	0:18.72	0:21.03	65	0:18.72	59:17.16	+24:44.51	5:55.71	10.120	47	VRO	KNOKKE-HEIST
259.	411	GOUAERT Chris	51		260	19:51.35	260	19:47.46	262	266	19:40.56						59:19.37	+24:46.72	5:55.93	10.114	193	HER	ASSEBROEK

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

Tussen 2 Feesten Loop

Knokke, 28 December 2008, BEL

3x3.3km

Details

Pos	Nr	Name	Age	Team	Lap 1		Lap 2			Lap 3		Sprint					Age Group							
					Pos	Time	Pos	Time	Cum	Pos	Time	t1	t2	t3	Pos	Time	Time	Gap	TKm	Avg	Rang	Name	City	
260.	447	BENEDICTUS Guy	51		276	20:24.29	261	19:47.61	268	254	19:22.65	0:33.93				287	0:33.93	59:34.55	+25:01.90	5:57.45	10.071	194	HER	BLANKENBERGE
261.	404	F KEPPENS Marie	12		283	20:26.35	262	19:49.09	271	249	19:19.62	0:34.65	0:32.65	0:30.64	235	0:30.64	59:35.06	+25:02.41	5:57.50	10.070	3	JUF	MOERKERKE	
262.	264	F LEFEVERE Stefanie	31		289	20:32.71	266	19:49.81	279	240	19:13.40		0:21.76	0:30.16	90	0:21.76	59:35.92	+25:03.27	5:57.59	10.067	48	VRO	BRUGGE	
263.	314	F BARBIER N.	27		263	19:59.59	278	20:02.47	267	260	19:35.28						59:37.34	+25:04.69	5:57.73	10.063	49	VRO	AALTER	
264.	337	F JACXSENS Ann	38		232	18:57.97	281	20:06.82	254	276	20:33.07		0:19.21	0:19.06	69	0:19.06	59:37.86	+25:05.21	5:57.78	10.062	50	VRO	KNOKKE-HEIST	
265.	402	F DIERENS Anita	40		273	20:22.74	268	19:52.98	272	253	19:22.41		0:32.93	0:30.92	238	0:30.92	59:38.13	+25:05.48	5:57.81	10.061	51	VRO	MOERKERKE	
265.	317	F RYCKAERT Stephanie	41		274	20:23.02	267	19:52.95	273	252	19:22.16	0:34.43	0:33.41		285	0:33.41	59:38.13	+25:05.48	5:57.81	10.061	51	VRO	KNOKKE-HEIST	
267.	405	F VANDERSTRAETEN Gretel	38		280	20:26.07	263	19:49.33	270	255	19:22.78	0:34.53			295	0:34.53	59:38.18	+25:05.53	5:57.81	10.061	53	VRO	MOERKERKE	
268.	246	F VAN PRAET Pascale	43		249	19:35.05	247	19:22.41	251	281	20:41.54	0:32.24			264	0:32.24	59:39.00	+25:06.35	5:57.90	10.059	54	VRO	BRUSSEL	
269.	218	F LOEYS Anja	38		233	18:58.38	283	20:08.88	257	280	20:37.78	0:33.11			282	0:33.11	59:45.04	+25:12.39	5:58.50	10.042	55	VRO	KNOKKE-HEIST	
270.	401	DELHEYE Peter	44		287	20:27.89	264	19:49.44	274	258	19:28.45	0:13.02	0:12.93	0:13.73	11	0:12.93	59:45.78	+25:13.13	5:58.57	10.040	195	HER	MOERKERKE	
271.	391	F VERMEERSCH Marleen	49		231	18:56.67	272	19:57.47	250	283	20:52.56	0:32.62	0:33.97		274	0:32.62	59:46.70	+25:14.05	5:58.67	10.037	56	VRO	KNOKKE-HEIST	
272.	495	F FRANCE Nele	37		269	20:21.12	276	20:01.68	281	263	19:37.11						59:59.91	+25:27.26	5:59.99	10.000	57	VRO	VELDEGEM	
273.	321	F DESMEDT Caroline	51		248	19:35.01	265	19:49.69	261	279	20:36.56	0:35.25			298	0:35.25	1:00:01.26	+25:28.61	6:00.12	9.997	58	VRO	KNOKKE-HEIST	
274.	494	F KINDT Natalie	37		268	20:20.28	277	20:01.72	278	265	19:40.04		0:33.52	0:32.56	271	0:32.56	1:00:02.04	+25:29.39	6:00.20	9.994	59	VRO	JABBEKE	
275.	521	F PETER Conny	45		286	20:27.28	273	20:00.47	283	264	19:39.84			0:32.34	266	0:32.34	1:00:07.59	+25:34.94	6:00.75	9.979	60	VRO	AACHEN	
276.	281	F DELMOTTE Anita	37		270	20:21.24	275	20:01.29	280	267	19:45.41						1:00:07.94	+25:35.29	6:00.79	9.978	61	VRO	KNOKKE-HEIST	
277.	213	F BLOES Fabienne	41		297	21:12.08	259	19:45.41	288	241	19:13.84			0:29.36	216	0:29.36	1:00:11.33	+25:38.68	6:01.13	9.969	62	VRO	KNOKKE-HEIST	
278.	386	F DE WIT Bea	53		294	20:48.50	282	20:07.94	287	245	19:16.58	0:34.39			294	0:34.39	1:00:13.02	+25:40.37	6:01.30	9.964	63	VRO	KNOKKE-HEIST	
279.	307	F DELHEYE Nathalie	43		279	20:25.03	270	19:55.66	276	271	20:08.75	0:34.72	0:34.24		290	0:34.24	1:00:29.44	+25:56.79	6:02.94	9.919	64	VRO	KNOKKE-HEIST	
280.	208	F BOENS Wim	42		278	20:24.91	269	19:54.95	275	274	20:23.31	0:34.61			296	0:34.61	1:00:43.17	+26:10.52	6:04.31	9.882	196	HER	KNOKKE-HEIST	
281.	203	F DIERENS Marianne	41		275	20:24.06	271	19:56.71	277	273	20:22.44			0:34.04	288	0:34.04	1:00:43.21	+26:10.56	6:04.32	9.881	65	VRO	KNOKKE-HEIST	
282.	323	F VANDENBERGHE Véronique	50		257	19:40.88	287	20:16.66	266	284	20:53.11						1:00:50.65	+26:18.00	6:05.06	9.861	66	VRO	ZEEBRUGGE	
283.	515	F STOCKMAN Barbara	32		272	20:22.64	274	20:00.77	282	275	20:32.13						1:00:55.54	+26:22.89	6:05.55	9.848	67	VRO	KNOKKE-HEIST	
284.	291	F DE SAVOYE Annick	43		277	20:24.84	284	20:10.20	286	282	20:43.03		0:35.28		299	0:35.28	1:01:18.07	+26:45.42	6:07.80	9.788	68	VRO	KNOKKE-HEIST	
285.	538	F MAENHOUDT X	63		290	20:40.69	288	20:29.89	289	270	20:07.74	0:30.11			226	0:30.11	1:01:18.32	+26:45.67	6:07.83	9.787	197	HER	KNOKKE-HEIST	
286.	319	F ROTSAERT Paul	44		295	20:51.03	291	20:52.41	293	278	20:36.29	0:12.50			6	0:12.50	1:02:19.73	+27:47.08	6:13.97	9.626	198	HER	KNOKKE-HEIST	
286.	316	F VERBEKE Isabelle	42		296	20:51.58	290	20:52.17	294	277	20:35.98	0:34.36			293	0:34.36	1:02:19.73	+27:47.08	6:13.97	9.626	69	VRO	KNOKKE-HEIST	
288.	395	F VERLEYE Nadia	48		282	20:26.19	279	20:05.35	285	289	21:49.17						1:02:20.71	+27:48.06	6:14.07	9.624	70	VRO	KNOKKE-HEIST	
289.	432	F PRIEM Anke	43		281	20:26.13	280	20:05.37	284	290	21:49.40						1:02:20.90	+27:48.25	6:14.09	9.623	71	VRO	KNOKKE-HEIST	
290.	435	F DENECKER Jan	48		271	20:21.98	292	20:55.07	290	286	21:38.24						1:02:55.29	+28:22.64	6:17.52	9.536	199	HER	KNOKKE-HEIST	
291.	344	F WITTERWULGHE Wesley	28		267	20:15.13	293	21:10.57	292	291	21:58.52	0:14.37	0:13.39	0:15.08	17	0:13.39	1:03:24.22	+28:51.57	6:20.42	9.463	200	HER	BREDENE	
292.	530	F DE RADEMAEKER Franz	52		255	19:37.81	299	21:42.47	291	295	22:04.10						1:03:24.38	+28:51.73	6:20.43	9.463	201	HER	DE	
293.	222	F DE RESE Linda	57		292	20:43.45	295	21:11.96	296	292	21:59.24	0:32.86	0:35.30	0:35.36	278	0:32.86	1:03:54.65	+29:22.00	6:23.46	9.388	72	VRO	KNOKKE-HEIST	
294.	223	F MONBALLYU Lut	53		293	20:43.94	294	21:11.04	295	294	22:01.80						1:03:56.78	+29:24.13	6:23.67	9.383	73	VRO	KNOKKE-HEIST	
295.	244	F DE JONGHE Laurence	27		299	21:37.62	297	21:26.03	298	285	21:28.67	0:35.57	0:36.87		304	0:35.57	1:04:32.32	+29:59.67	6:27.23	9.297	74	VRO	KNOKKE-HEIST	
296.	527	F DE BRABANDERE Bert	33		291	20:41.05	297	21:42.17	297	305	22:51.63	0:12.85	0:13.46	0:13.66	9	0:12.85	1:05:14.85	+30:42.20	6:31.48	9.196	202	HER	KNOKKE-HEIST	

DNF: Did Not Finish; DSQ: Disqualified; Avg Speed in km/h

Tussen 2 Feesten Loop

Knokke, 28 December 2008, BEL

3x3.3km

Details

Pos	Nr	Name	Age	Team	Lap 1		Lap 2			Lap 3		Sprint					Age Group														
					Pos	Time	Pos	Time	Cum	Pos	Time	t1	t2	t3	Pos	Time	Time	Gap	TKm	Avg	Rang	Name	City								
297.	338	DEVOS Filip	41	BRUGGE	217	18:31.91	289	20:36.56	258	313	26:07.81																203	HER	ASSEBROEK		
298.	288	F SUVÉE Nathalie	30		301	21:41.76	296	21:23.67	299	301	22:29.18	0:35.39		0:36.37	302	0:35.39	1:05:34.61	+31:01.96	6:33.46	9.150	75	VRO	DUDZELE								
299.	210	F DESMIDT Sibylle	35		305	22:30.22	304	22:38.77	304	288	21:44.51																76	VRO	KNOKKE-HEIST		
300.	254	F DE MEY Tina	26		306	22:30.45	305	22:38.90	305	287	21:44.26																	77	VRO	ASSEBROEK	
301.	457	F LIEKENS Katiane	43		307	22:51.61	301	22:03.51	301	297	22:14.62																	78	VRO	SINT-KRUIS	
302.	458	VAN DER BORGHT Dirk	49		308	22:51.82	300	22:03.28	300	298	22:14.69																	204	HER	SINT-KRUIS	
303.	406	F DE WULF Annick	37		300	21:40.27	307	23:18.64	302	303	22:48.75																	79	VRO	ZEDELGEM	
304.	407	DECERCK Thomas	11		298	21:26.38	308	23:33.00	303	304	22:49.05		0:37.27		313	0:37.27	1:07:48.43	+33:15.78	6:46.84	8.849	14	JUH	ZEDELGEM								
305.	297	F MAERTENS Kathleen	42		311	23:36.99	302	22:10.10	307	300	22:26.25	0:35.90			306	0:35.90	1:08:13.34	+33:40.69	6:49.33	8.795	80	VRO	KNOKKE-HEIST								
306.	247	F FLAMAND Christel	41	TV 'T ZWIN	310	23:35.93	303	22:10.67	306	302	22:31.74																	81	VRO	KNOKKE-HEIST	
307.	299	F PANIS Frieda	63		309	22:58.39	306	22:50.68	308	307	23:47.93																		82	VRO	MALDEGEM
308.	298	F SERREYN Myriam	44		304	21:52.03	309	24:01.82	309	314	26:21.87	0:35.99	0:41.44		307	0:35.99	1:12:15.72	+37:43.07	7:13.57	8.303	83	VRO	MIDDELBURG								
309.	357	VAN MALDEGHEM Chris	41	KN-H	314	23:48.77	311	24:35.83	311	309	24:57.65	0:13.42	0:45.18		18	0:13.42	1:13:22.25	+38:49.60	7:20.22	8.178	205	HER	KNOKKE-HEIST								
310.	302	LIERMAN Peter	39		312	23:47.08	313	24:38.52	312	308	24:57.19	0:28.94	0:44.92		209	0:28.94	1:13:22.79	+38:50.14	7:20.27	8.177	206	HER	KNOKKE-HEIST								
311.	397	MATTHEUWS Geert	42		315	23:49.05	312	24:36.59	313	310	24:58.35	0:29.01			212	0:29.01	1:13:23.99	+38:51.34	7:20.39	8.174	207	HER	KNOKKE-HEIST								
312.	449	DE GROOTE Jan	46		318	24:59.21	316	26:40.35	316	299	22:17.70	0:41.26	0:41.41		327	0:41.26	1:13:57.26	+39:24.61	7:23.72	8.113	208	HER	KNOKKE-HEIST								
313.	250	TURCQ Maxime	14		317	24:04.37	314	25:17.31	314	312	25:42.55	0:19.78			71	0:19.78	1:15:04.23	+40:31.58	7:30.42	7.992	15	JUH	KNOKKE-HEIST								
314.	249	DUJARDYN Kurt	50		316	24:00.94	315	25:20.94	315	311	25:42.46	0:37.70			316	0:37.70	1:15:04.34	+40:31.69	7:30.43	7.992	209	HER	KNOKKE-HEIST								
DNF	525	DE SMIDT Maarten	25		236	19:01.29	228	18:56.80	232	-																	-	HER	BRUGGE		
DNF	303	MALBRANCKE Olivier	27		313	23:47.77	310	24:33.99	310	-		0:20.20			75	0:20.20												-	HER	BRUGGE	
DNF	506	JANSSENS Giovanni	18		162	17:20.90	-	-	-			0:17.43			55	0:17.43												-	HER	KNOKKE-HEIST	
DNF	463	F VANTOMME Nathalie	40		303	21:42.98	-	-	-																			-	VRO	KORTRIJK	

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h