

# Tussen 2 Feesten Loop

## Knokke, 27 December 2009, BEL

3x3.3km

Details

Pos	Nr	Name	Age	Team	Lap 1		Lap 2		Lap 3		Sprint				Age Group							
					Pos	Time	Pos	Time	Cum	Pos	Time	t1	t2	t3	Pos	Time	Time	Gap	TKm	Avg	Rang	Name
1.	1124	DESIMPEL Christof	39		1	13:10.25	1	11:40.97	1	11:42.14	0:17.88	0:17.47	0:17.18	31	<b>0:17.18</b>	<b>36:33.36</b>		3:39.33	16.413	1	HER	TORHOUT
2.	1163	VAN MALLEGHEM Henry	25		2	13:24.71	2	12:04.92	2	8 12:28.15	0:19.39	0:20.20	0:20.48	50	<b>0:19.39</b>	<b>37:57.78</b>	+1:24.42	3:47.77	15.805	2	HER	FRASNES-LEZ-ANVAING
3.	1317	REHEUL Dreis	24		7	13:53.72	5	12:22.44	8	2 11:55.16	0:20.90	0:19.00	0:19.00	46	<b>0:19.00</b>	<b>38:11.32</b>	+1:37.96	3:49.13	15.711	3	HER	BEERNEM
4.	1175	DE MEYER Freddy	52		8	13:55.60	4	12:20.35	7	3 12:00.63	0:20.52	0:19.44	0:19.44	51	<b>0:19.44</b>	<b>38:16.58</b>	+1:43.22	3:49.65	15.675	4	HER	DUDZELE
5.	1010	STOCKMAN Jan	41		5	13:42.31	6	12:25.14	5	5 12:12.72	0:19.77	0:19.07	0:20.36	48	<b>0:19.07</b>	<b>38:20.17</b>	+1:46.81	3:50.01	15.651	5	HER	KNOKKE-HEIST
6.	1316	DECOSTER Miquel	27		3	13:41.75	8	12:25.26	3	6 12:15.82						<b>38:22.83</b>	+1:49.47	3:50.28	15.633	6	HER	OEDELGEM
7.	1116	MOEYAERT Jerry	44		9	13:58.30	3	12:17.46	6	4 12:12.21	0:19.95	0:21.08		56	<b>0:19.95</b>	<b>38:27.97</b>	+1:54.61	3:50.79	15.598	7	HER	EERNEGEM
8.	1156	F DANNEELS Annemie	47	IMMO GROEP CAUW	4	13:42.20	7	12:25.20	4	7 12:23.55	0:19.97	0:18.07		39	<b>0:18.07</b>	<b>38:30.95</b>	+1:57.59	3:51.09	15.578	1	VRO	KNOKKE-HEIST
9.	1149	VIAENE Tim	25		6	13:42.94	16	13:03.13	10	10 12:42.62		0:19.91	0:18.39	42	<b>0:18.39</b>	<b>39:28.69</b>	+2:55.33	3:56.86	15.198	8	HER	GENT
10.	1325	BEGEYN Thierry	45		12	14:07.56	9	12:37.13	9	11 12:46.96			0:20.10	60	<b>0:20.10</b>	<b>39:31.65</b>	+2:58.29	3:57.16	15.179	9	HER	ST KRUIS BRUGGE
11.	1142	PUYSTJENS Gino	47		11	14:06.75	10	12:39.97	11	15 12:54.55			0:21.35	71	<b>0:21.35</b>	<b>39:41.27</b>	+3:07.91	3:58.12	15.118	10	HER	LOMBARDSIJDE
12.	1258	VIAENE Johan	40		15	14:33.08	11	12:42.27	13	9 12:39.73						<b>39:55.08</b>	+3:21.72	3:59.50	15.031	11	HER	KOEKELARE
13.	1295	DERAMOUDT Johan	39		13	14:21.15	14	12:54.57	14	12 12:49.81			0:20.62	63	<b>0:20.62</b>	<b>40:05.53</b>	+3:32.17	4:00.55	14.966	12	HER	LOMBARDSIJDE
14.	1279	VAN DE VIJVER Bert	32		18	14:39.41	12	12:52.30	15	14 12:51.08	0:21.65		0:21.05	67	<b>0:21.05</b>	<b>40:22.79</b>	+3:49.43	4:02.27	14.859	13	HER	LEMBEKE
15.	1191	VIAENE Mayko	32		17	14:39.17	13	12:53.48	16	13 12:50.81			0:21.21	70	<b>0:21.21</b>	<b>40:23.46</b>	+3:50.10	4:02.34	14.855	14	HER	WAREGEM
16.	1131	VANPARYS Julien	51		10	14:06.28	17	13:03.14	12	22 13:19.83						<b>40:29.25</b>	+3:55.89	4:02.92	14.819	15	HER	KNOKKE-HEIST
17.	1188	GROENEWEGHE Philippe	50		23	15:06.60	15	12:55.26	17	16 12:54.97						<b>40:56.83</b>	+4:23.47	4:05.68	14.653	16	HER	KORTRIJK
18.	1118	SEYNAEVE Henk	38		19	14:40.62	19	13:21.85	18	20 13:16.49	0:21.83	0:22.33	0:21.78	74	<b>0:21.78</b>	<b>41:18.96</b>	+4:45.60	4:07.89	14.522	17	HER	EERNEGEM
19.	1125	VANLERTSBERGHE Nicolas	29		26	15:20.05	18	13:10.24	20	17 12:56.35						<b>41:26.64</b>	+4:53.28	4:08.66	14.477	18	HER	HEIST AAN ZEE
20.	1076	DEVOS Frédéric	24		20	14:43.48	32	13:54.94	21	19 13:14.08						<b>41:52.50</b>	+5:19.14	4:11.25	14.328	19	HER	DAMME
21.	1152	DE MAESSCHALCK Jan	39		14	14:28.42	29	13:49.31	19	25 13:41.70						<b>41:59.43</b>	+5:26.07	4:11.94	14.289	20	HER	KNOKKE-HEIST
22.	1210	SYS Marc	44		34	15:40.52	20	13:21.95	28	18 13:00.58	0:22.80	0:22.56	0:21.42	73	<b>0:21.42</b>	<b>42:03.05</b>	+5:29.69	4:12.30	14.268	21	HER	KNOKKE-HEIST
23.	1275	VAN THUYNE Dirk	40		24	15:11.94	21	13:34.77	24	23 13:24.85			0:27.91	160	<b>0:27.91</b>	<b>42:11.56</b>	+5:38.20	4:13.15	14.220	22	HER	ZULTE
24.	1259	BODSON Bertrand	34		25	15:14.63	24	13:41.25	25	21 13:18.52		0:23.56	0:16.08	19	<b>0:16.08</b>	<b>42:14.40</b>	+5:41.04	4:13.44	14.205	23	HER	TOURNAI
25.	1181	TILLEMEN Kurt	36		21	15:00.24	26	13:46.30	23	37 14:03.38	0:21.98	0:23.69	0:22.86	76	<b>0:21.98</b>	<b>42:49.92</b>	+6:16.56	4:16.99	14.008	24	HER	KNOKKE
26.	1211	VAN LANDSCHOOT Jonas	19		16	14:33.13	43	14:24.89	26	33 13:52.70						<b>42:50.72</b>	+6:17.36	4:17.07	14.004	25	HER	KNOKKE HEIST
27.	1214	DECLERCK Jan	42		28	15:25.18	25	13:44.95	29	24 13:41.53		0:23.30	0:22.82	84	<b>0:22.82</b>	<b>42:51.66</b>	+6:18.30	4:17.16	13.999	26	HER	KNOKKE HEIST
28.	1227	VAN TORRE Johan	51		27	15:22.14	22	13:39.74	27	32 13:50.49						<b>42:52.37</b>	+6:19.01	4:17.23	13.995	27	HER	KNOKKE HEIST
29.	1011	F VAN BIERVLIET Sophie	38		30	15:30.67	31	13:51.45	31	27 13:44.63						<b>43:06.75</b>	+6:33.39	4:18.67	13.917	2	VRO	KNOKKE-HEIST
30.	1025	VERMEERSCH Dany	41		31	15:31.25	30	13:51.37	32	28 13:44.69						<b>43:07.31</b>	+6:33.95	4:18.73	13.914	28	HER	KNOKKE-HEIST
31.	1248	VERMEERSCH Rik	50		32	15:32.48	28	13:49.15	30	30 13:46.45						<b>43:08.08</b>	+6:34.72	4:18.80	13.910	29	HER	GISTEL
32.	1278	HIMOUL Samuel	17		22	15:01.75	22	13:41.22	22	45 14:26.74						<b>43:09.71</b>	+6:36.35	4:18.97	13.901	30	HER	KNOKKE-HEIST

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

# Tussen 2 Feesten Loop

## Knokke, 27 December 2009, BEL

3x3.3km

Details

Pos	Nr	Name	Age	Team	Lap 1		Lap 2		Lap 3		Sprint				Age Group								
					Pos	Time	Pos	Time	Cum	Pos	Time	t1	t2	t3	Pos	Time	Time	Gap	TKm	Avg	Rang	Name	City
33.	1154	DEVRIENDT Johan	46		35	15:42.01	27	13:47.89	33	29	13:45.88	0:23.24		0:20.01	58	<b>0:20.01</b>	<b>43:15.78</b>	+6:42.42	4:19.57	13.869	31	HER	OUDENBURG
34.	1108	POLLET Geert	48		37	15:46.64	35	14:05.74	35	34	13:53.40						<b>43:45.78</b>	+7:12.42	4:22.57	13.710	32	HER	BRUGGE
35.	1287	RAES Vico	34		33	15:32.75	40	14:20.50	37	36	13:59.35	0:22.43	0:23.80	0:23.25	81	<b>0:22.43</b>	<b>43:52.60</b>	+7:19.24	4:23.26	13.675	33	HER	DUDZELE
36.	1296	BAEKELANDT Kris	38		36	15:44.89	37	14:08.08	36	41	14:16.92	0:22.89	0:24.75	0:24.55	85	<b>0:22.89</b>	<b>44:09.89</b>	+7:36.53	4:24.98	13.585	34	HER	HEIST-AAN-ZEE
37.	1115	VRANCKEN Jacky	50		29	15:27.05	39	14:12.27	34	53	14:34.53		0:25.17	0:15.69	16	<b>0:15.69</b>	<b>44:13.85</b>	+7:40.49	4:25.38	13.565	35	HER	BREDENE
38.	1315	LAMBOTTE Karel	29		66	16:57.11	33	13:59.58	54	26	13:41.80						<b>44:38.49</b>	+8:05.13	4:27.84	13.440	36	HER	ASSEBROEK
39.	1212	RIEKE Tony	40		44	16:00.39	42	14:24.43	41	39	14:14.51	0:24.12		0:24.36	99	<b>0:24.12</b>	<b>44:39.33</b>	+8:05.97	4:27.93	13.436	37	HER	ERTVELDE
40.	1109	VANMAELE Luc	50		61	16:47.23	36	14:06.01	52	31	13:49.03	0:23.47			90	<b>0:23.47</b>	<b>44:42.27</b>	+8:08.91	4:28.22	13.421	38	HER	KNOKKE-HEIST
41.	1200	VAN HUFFEL Pieter	42		39	15:56.87	50	14:30.77	43	40	14:15.49						<b>44:43.13</b>	+8:09.77	4:28.31	13.417	39	HER	KNOKKE-HEIST
42.	1293	NOE Frederik	28		47	16:14.72	53	14:34.11	47	35	13:54.99	0:22.91			86	<b>0:22.91</b>	<b>44:43.82</b>	+8:10.46	4:28.38	13.414	40	HER	DAMME
43.	1039	F SLIEPERS Petra	39		38	15:54.53	46	14:27.70	40	46	14:26.87			0:24.91	110	<b>0:24.91</b>	<b>44:49.10</b>	+8:15.74	4:28.91	13.387	3	VRO	KERKSKEN
44.	1024	DRYEPONDT Peter	40		43	15:59.16	44	14:27.13	42	43	14:24.41	0:23.73	0:25.04	0:24.99	93	<b>0:23.73</b>	<b>44:50.70</b>	+8:17.34	4:29.07	13.379	41	HER	DUDZELE
45.	1303	DERAMOUDT Tom	26		52	16:20.19	47	14:28.42	46	38	14:06.20						<b>44:54.81</b>	+8:21.45	4:29.48	13.359	42	HER	MIDDELKERKE
46.	1174	MEERT Jens	17		42	15:57.68	38	14:11.27	39	63	14:50.60		0:22.16	0:25.32	77	<b>0:22.16</b>	<b>44:59.55</b>	+8:26.19	4:29.95	13.336	43	HER	KNOKKE-HEIST
47.	1075	DEMEYER Luc	43		45	16:02.02	54	14:38.36	44	48	14:30.57						<b>45:10.95</b>	+8:37.59	4:31.09	13.279	44	HER	MALDEGEM
48.	1263	PLUIJ Jeffrey	27		51	16:20.04	48	14:29.61	48	42	14:23.28		0:24.57		106	<b>0:24.57</b>	<b>45:12.93</b>	+8:39.57	4:31.29	13.270	45	HER	LOMBARDSIJDE
49.	1036	BOERJAN Chris 'Krulle'	40		49	16:19.28	51	14:31.02	50	44	14:25.01						<b>45:15.31</b>	+8:41.95	4:31.53	13.258	46	HER	MOERKERKE
50.	1213	DLASMAN Rony	53		39	15:56.87	34	14:05.70	38	79	15:18.39		0:20.73		65	<b>0:20.73</b>	<b>45:20.96</b>	+8:47.60	4:32.09	13.231	47	HER	BRUGGE
51.	1144	KEUKELEIRE Dirk	48		46	16:09.79	55	14:41.22	51	51	14:34.13	0:25.36			118	<b>0:25.36</b>	<b>45:25.14</b>	+8:51.78	4:32.51	13.210	48	HER	BRUGGE
52.	1061	DE BREE Frank	45		50	16:19.83	49	14:30.36	49	56	14:38.73	0:24.23		0:25.33	101	<b>0:24.23</b>	<b>45:28.92</b>	+8:55.56	4:32.89	13.192	49	HER	SIJSELE
53.	1308	DEVISCH Frederik	34		53	16:24.52	41	14:23.44	45	57	14:41.13			0:23.49	91	<b>0:23.49</b>	<b>45:29.09</b>	+8:55.73	4:32.90	13.191	50	HER	DUDZELE
54.	1016	LAMOTE Francis	34		58	16:29.48	60	14:49.81	55	59	14:43.32						<b>46:02.61</b>	+9:29.25	4:36.26	13.031	51	HER	ST ANDRIES
55.	1323	DEVILDER Patrick	47		62	16:47.29	63	14:56.67	59	47	14:29.50			0:23.80	94	<b>0:23.80</b>	<b>46:13.46</b>	+9:40.10	4:37.34	12.980	52	HER	ST ANDRIES BRUGGE
56.	1266	LUTEIJN Toni	40		64	16:48.74	61	14:55.80	60	60	14:43.73		0:25.78	0:23.91	97	<b>0:23.91</b>	<b>46:28.27</b>	+9:54.91	4:38.82	12.911	53	HER	RETRANCHMENT NEDERLAND
57.	1225	TIMMERMAN Bart	36		48	16:16.48	83	15:27.39	58	61	14:49.60						<b>46:33.47</b>	+10:00.11	4:39.34	12.887	54	HER	LOVENDEGEM
58.	1104	GOUWELoose Bernard	35		41	15:57.07	65	14:58.31	53	101	15:38.73						<b>46:34.11</b>	+10:00.75	4:39.41	12.884	55	HER	KNOKKE
59.	1333	VANDENBRAEMBUSSCHE Benedikt	38		77	17:16.94	58	14:46.61	66	50	14:31.71						<b>46:35.26</b>	+10:01.90	4:39.52	12.879	56	HER	BRUGGE
60.	1292	F VAN DEN BRAEMBUSSCHE Alexandra	43		86	17:35.04	52	14:34.01	70	49	14:30.58						<b>46:39.63</b>	+10:06.27	4:39.96	12.859	4	VRO	ADEGEM
61.	1327	VANDER ELST Alain	48		79	17:20.71	56	14:43.73	67	55	14:36.73						<b>46:41.17</b>	+10:07.81	4:40.11	12.852	57	HER	TERVUREN
62.	1186	BASSLE Hans	39		80	17:22.79	57	14:44.52	69	52	14:34.27						<b>46:41.58</b>	+10:08.22	4:40.15	12.850	58	HER	OOSTKAMP
63.	1030	LONCKE Frankie	42		59	16:31.15	75	15:15.01	61	66	14:59.11			0:24.14	100	<b>0:24.14</b>	<b>46:45.27</b>	+10:11.91	4:40.52	12.833	59	HER	LISSEWEGE
64.	1203	VAN PARYS Styn	17		56	16:27.30	63	14:56.67	56	92	15:31.13	0:24.79		0:24.52	105	<b>0:24.52</b>	<b>46:55.10</b>	+10:21.74	4:41.51	12.788	60	HER	DAMME

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h



# Tussen 2 Feesten Loop

## Knokke, 27 December 2009, BEL

3x3.3km

Details

Pos	Nr	Name	Age	Team	Lap 1		Lap 2		Lap 3		Sprint				Age Group								
					Pos	Time	Pos	Time	Cum	Pos	Time	t1	t2	t3	Pos	Time	Time	Gap	TKm	Avg	Rang	Name	City
97.	1276	CONSTANT Raf	62		103	18:02.85	98	15:44.73	92	106	15:52.64	0:27.59	0:26.77	0:27.86	141	<b>0:26.77</b>	<b>49:40.22</b>	+13:06.86	4:58.02	12.080	88	HER	HERTSBERGE
98.	1237	JANSSENS Peter	47		90	17:48.36	118	16:30.58	107	83	15:22.29						<b>49:41.23</b>	+13:07.87	4:58.12	12.076	89	HER	KNOKKE-HEIST
99.	1288	RAES Nico	32		106	18:04.09	100	15:53.38	99	104	15:48.02			0:13.43	5	<b>0:13.43</b>	<b>49:45.49</b>	+13:12.13	4:58.54	12.058	90	HER	ZEEBRUGGE
100.	1014	VANWELSENAERS Tom	40		143	19:01.86	88	15:32.33	116	76	15:11.87			0:26.62	138	<b>0:26.62</b>	<b>49:46.06</b>	+13:12.70	4:58.60	12.056	91	HER	BRUGGE
101.	1029	ABEL Johan	43		104	18:03.36	108	16:08.29	105	98	15:36.28			0:26.57	137	<b>0:26.57</b>	<b>49:47.93</b>	+13:14.57	4:58.79	12.048	92	HER	SIJSELE
102.	1079	BRULEZ Bart	40		100	18:00.03	87	15:31.80	89	121	16:20.15	0:26.27	0:26.41	0:28.18	132	<b>0:26.27</b>	<b>49:51.98</b>	+13:18.62	4:59.19	12.032	93	HER	BRUGGE
103.	1306	SCHEPDRIJVER Dominique	36		76	17:15.85	123	16:38.76	97	109	15:59.91			0:26.28	133	<b>0:26.28</b>	<b>49:54.52</b>	+13:21.16	4:59.45	12.022	94	HER	KNOKKE HEIST
104.	1223	DE BACKER Toon	41		114	18:14.99	101	15:54.04	103	105	15:49.27						<b>49:58.30</b>	+13:24.94	4:59.83	12.007	95	HER	BURCHT
105.	1182	DECEUNICKX Gino	41		120	18:28.26	106	15:59.83	113	99	15:37.73	0:27.44	0:27.21	0:26.09	129	<b>0:26.09</b>	<b>50:05.82</b>	+13:32.46	5:00.58	11.977	96	HER	KNOKKE-HEIST
106.	1184	F ALLEMEERSCH Greet	41		122	18:29.12	105	15:59.57	114	100	15:37.93	0:26.73		0:26.73	140	<b>0:26.73</b>	<b>50:06.62</b>	+13:33.26	5:00.66	11.974	7	VRO	KNOKKE-HEIST
107.	1106	F DAENEKYNT Isabel	41		142	19:01.71	92	15:34.56	117	97	15:36.01						<b>50:12.28</b>	+13:38.92	5:01.22	11.951	8	VRO	SINT-ANDRIES
108.	1018	DEWEERDT Daniel	53		107	18:05.11	109	16:09.47	106	113	16:04.02		0:25.73	0:26.63	125	<b>0:25.73</b>	<b>50:18.60</b>	+13:45.24	5:01.86	11.926	97	HER	KNOKKE HEIST
109.	1281	DE CRAEMER	57		94	17:54.48	104	15:57.54	95	124	16:26.60						<b>50:18.62</b>	+13:45.26	5:01.86	11.926	98	HER	DUDZELE
110.	1245	MERMUYS Tom	34		92	17:51.13	115	16:28.62	110	111	16:00.58	0:27.75	0:27.60		155	<b>0:27.60</b>	<b>50:20.33</b>	+13:46.97	5:02.03	11.919	99	HER	SINT-KRUIS
111.	1176	F GRYSPEERT Fabienne	45		112	18:14.61	110	16:12.37	112	107	15:53.74	0:27.31			147	<b>0:27.31</b>	<b>50:20.72</b>	+13:47.36	5:02.07	11.918	9	VRO	DUDZELE
112.	1238	F JANSSENS Anke	16		91	17:48.82	117	16:30.56	108	115	16:11.64		0:27.53	0:27.99	152	<b>0:27.53</b>	<b>50:31.02</b>	+13:57.66	5:03.10	11.877	10	VRO	KNOKKE-HEIST
113.	1056	GOETHALS Rudy	43		78	17:18.03	111	16:17.11	90	146	17:03.83						<b>50:38.97</b>	+14:05.61	5:03.89	11.846	100	HER	KNOKKE-HEIST
114.	1002	GERT Cattoor	41		117	18:17.51	114	16:26.87	118	110	16:00.31						<b>50:44.69</b>	+14:11.33	5:04.46	11.824	101	HER	MALDEGEM
115.	1090	BOI Robbie	30		93	17:54.14	121	16:34.85	115	116	16:16.27	0:25.66	0:27.90		123	<b>0:25.66</b>	<b>50:45.26</b>	+14:11.90	5:04.52	11.822	102	HER	BRUGGE
116.	1033	DELARUE Philip	40		69	17:03.70	128	16:49.01	96	148	17:05.47						<b>50:58.18</b>	+14:24.82	5:05.81	11.772	103	HER	KNOKKE
117.	1217	HUYBRECHTS Tom	33		95	17:57.69	113	16:23.34	111	142	16:59.20		0:28.18	0:29.04	169	<b>0:28.18</b>	<b>51:20.23</b>	+14:46.87	5:08.02	11.687	104	HER	BURCHT
118.	1114	VERCRUYSSSE Mario	49		125	18:36.17	116	16:30.20	122	119	16:18.92						<b>51:25.29</b>	+14:51.93	5:08.52	11.668	105	HER	KNOKKE-HEIST
119.	1294	TEERLINCK Tom	33		140	18:58.12	107	16:06.05	120	123	16:23.75						<b>51:27.92</b>	+14:54.56	5:08.79	11.658	106	HER	OOSTKAMP
120.	1257	LIPS Ignace	36		102	18:02.40	112	16:17.20	109	158	17:23.06						<b>51:42.66</b>	+15:09.30	5:10.26	11.603	107	HER	KNOKKE-HEIST
121.	1078	F THOON Anja	35		131	18:47.52	120	16:33.25	124	129	16:40.83	0:28.39		0:28.25	170	<b>0:28.25</b>	<b>52:01.60</b>	+15:28.24	5:12.16	11.533	11	VRO	BRUGGE
122.	1326	VERMEERSCH Peter	35		121	18:28.53	131	16:52.35	125	131	16:44.80	0:28.35	0:29.51	0:28.09	164	<b>0:28.09</b>	<b>52:05.68</b>	+15:32.32	5:12.56	11.517	108	HER	DUDZELE
123.	1064	PROVOOST Geert	47	IMMO GROEP CAUW	194	20:57.66	96	15:44.01	147	86	15:25.83		0:26.19	0:16.49	23	<b>0:16.49</b>	<b>52:07.50</b>	+15:34.14	5:12.75	11.511	109	HER	KH
124.	1286	GOETHAUS Frederik	35		139	18:57.63	125	16:42.71	130	125	16:28.53		0:29.77	0:29.34	187	<b>0:29.34</b>	<b>52:08.87</b>	+15:35.51	5:12.88	11.506	110	HER	KNOKKE-HEIST
125.	1284	GILBERT Peter	44		123	18:29.32	129	16:51.78	126	143	17:00.13			0:29.69	193	<b>0:29.69</b>	<b>52:21.23</b>	+15:47.87	5:14.12	11.460	111	HER	ASSEBROEK
126.	1141	F VANDENDORPE Fauve	22		116	18:16.41	122	16:35.80	119	163	17:31.26						<b>52:23.47</b>	+15:50.11	5:14.34	11.452	12	VRO	KNOKKE
127.	1329	VAN LAEKEN Loic	18		118	18:21.10	147	17:21.49	131	134	16:48.62		0:28.65	0:25.06	113	<b>0:25.06</b>	<b>52:31.21</b>	+15:57.85	5:15.12	11.424	112	HER	KNOKKE
128.	1173	MAREYDT Danny	50		149	19:17.48	134	16:54.13	141	120	16:19.74	0:28.78	0:29.27	0:22.18	78	<b>0:22.18</b>	<b>52:31.35</b>	+15:57.99	5:15.13	11.424	113	HER	KNOKKE-HEIST

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

# Tussen 2 Feesten Loop

## Knokke, 27 December 2009, BEL

3x3.3km

Details

Pos	Nr	Name	Age	Team	Lap 1		Lap 2		Lap 3		Sprint				Age Group									
					Pos	Time	Pos	Time	Cum	Pos	Time	t1	t2	t3	Pos	Time	Time	Gap	TKm	Avg	Rang	Name	City	
129.	1053	DECEUR Marc	46	BRANDWEER	128	18:37.60	141	17:11.87	133	130	16:42.58				0:17.57	35	<b>0:17.57</b>	<b>52:32.05</b>	+15:58.69	5:15.20	11.421	114	HER	BRUGGE
130.	1031	SPELIER Kurt			133	18:49.94	153	17:24.99	144	118	16:17.70							<b>52:32.63</b>	+15:59.27	5:15.26	11.419	3	JUH	KNOKKE
131.	1134	FOCKENIER Christophe	42		119	18:27.94	133	16:53.23	127	153	17:12.77				0:31.39	213	<b>0:31.39</b>	<b>52:33.94</b>	+16:00.58	5:15.39	11.414	115	HER	KNOKKE-HEIST
132.	1052	VANDIERENDONCK Serge	39		130	18:43.42	132	16:52.62	129	141	16:58.40				0:29.53	191	<b>0:29.53</b>	<b>52:34.44</b>	+16:01.08	5:15.44	11.412	116	HER	WESTKAPELLE
133.	1297	F BEHAEGHE Sofie	25		151	19:20.81	127	16:45.68	136	127	16:30.73							<b>52:37.22</b>	+16:03.86	5:15.72	11.402	13	VRO	KNOKKE-HEIST
134.	1088	TJOENS Yves	40		115	18:15.09	143	17:15.82	128	149	17:08.02			0:13.65		6	<b>0:13.65</b>	<b>52:38.93</b>	+16:05.57	5:15.89	11.396	117	HER	BRUGGE
135.	1095	VANDEPITTE Kurt	37	IMMO GROEP CAUW	162	20:01.67	124	16:41.83	148	108	15:55.48	0:29.50		0:27.07	145	<b>0:27.07</b>	<b>52:38.98</b>	+16:05.62	5:15.89	11.396	118	HER	KNOKKE HEIST	
136.	1241	VANTORRE Koen	26		161	20:00.78	126	16:43.74	149	112	16:01.65			0:28.69		174	<b>0:28.69</b>	<b>52:46.17</b>	+16:12.81	5:16.61	11.370	119	HER	KNOKKE-HEIST
137.	1331	VANTORRE Dennis	30		85	17:34.57	163	17:33.26	123	171	17:46.66							<b>52:54.49</b>	+16:21.13	5:17.44	11.340	120	HER	KNOKKE-HEIST
138.	1318	HEYNDRIKX Philip	49		150	19:19.74	130	16:51.92	142	132	16:46.26	0:29.03				176	<b>0:29.03</b>	<b>52:57.92</b>	+16:24.56	5:17.79	11.328	121	HER	DAMME
139.	1042	RIJCKAERT Daniel	46		141	19:01.59	138	17:05.18	137	136	16:51.55			0:27.65	156	<b>0:27.65</b>	<b>52:58.32</b>	+16:24.96	5:17.83	11.327	122	HER	KNOKKE-HEIST	
140.	1273	F DE BOISERIE Ann	50		134	18:49.99	151	17:24.68	143	133	16:46.74							<b>53:01.41</b>	+16:28.05	5:18.14	11.316	14	VRO	ZULTE
141.	1197	VERMANDER Wilfried	55		98	17:58.74	139	17:06.57	121	177	17:56.97							<b>53:02.28</b>	+16:28.92	5:18.22	11.313	123	HER	LOPPEM
142.	1249	VAN UDEN Willem	15		144	19:02.15	137	17:04.80	138	145	17:02.81	0:27.99	0:29.03	0:29.42	162	<b>0:27.99</b>	<b>53:09.76</b>	+16:36.40	5:18.97	11.286	4	JUH	OOSTENDE	
143.	1199	SCHELSTRAETE Nico	41		132	18:49.46	157	17:30.47	145	139	16:55.59	0:12.62		0:12.69	4	<b>0:12.62</b>	<b>53:15.52</b>	+16:42.16	5:19.55	11.266	124	HER	ADEGEM	
144.	1236	GHYSEL Walter	59		129	18:40.43	140	17:07.27	132	165	17:34.18	0:28.17	0:29.39	0:29.37	168	<b>0:28.17</b>	<b>53:21.88</b>	+16:48.52	5:20.18	11.243	125	HER	KNOKKE-HEIST	
145.	1242	F TRIO Kelly	20		127	18:37.37	142	17:12.69	134	178	17:58.57		0:28.50	0:30.37	173	<b>0:28.50</b>	<b>53:48.63</b>	+17:15.27	5:22.86	11.150	15	VRO	KNOKKE-HEIST	
146.	1148	ROELS Kurt	33		167	20:14.25	171	17:52.33	167	102	15:43.80							<b>53:50.38</b>	+17:17.02	5:23.03	11.144	126	HER	MALDEGEM
147.	1074	F SHORT Janice	32		135	18:50.04	146	17:21.23	139	174	17:49.24	0:28.16	0:29.75	0:31.20	167	<b>0:28.16</b>	<b>54:00.51</b>	+17:27.15	5:24.05	11.109	16	VRO	KNOKKE	
148.	1332	JUNGBLUTH Rudy	44		147	19:10.40	167	17:41.14	151	154	17:13.20							<b>54:04.74</b>	+17:31.38	5:24.47	11.095	127	HER	OOSTENDE
149.	1038	HALLAERT Joachim	36	+ 16 JAAR EN OU	163	20:10.95	165	17:34.05	159	122	16:21.61			0:28.11	165	<b>0:28.11</b>	<b>54:06.61</b>	+17:33.25	5:24.66	11.088	128	HER	BRUGGE	
150.	1072	F VAN LERSBERGHE Patsy	43		136	18:50.19	145	17:21.18	140	176	17:56.47							<b>54:07.84</b>	+17:34.48	5:24.78	11.084	17	VRO	ZEEBRUGGE
151.	1282	PIERETS Kristof	40		156	19:38.43	152	17:24.83	154	150	17:08.12		0:29.80			195	<b>0:29.80</b>	<b>54:11.38</b>	+17:38.02	5:25.13	11.072	129	HER	DUDZELE
152.	1309	SUVEE Davy	49		155	19:31.20	119	16:31.01	135	186	18:13.32							<b>54:15.53</b>	+17:42.17	5:25.55	11.058	130	HER	ANTWERPEN
153.	1311	ROGIERS Hans	50		173	20:23.75	135	17:04.10	158	140	16:55.70		0:29.32			186	<b>0:29.32</b>	<b>54:23.55</b>	+17:50.19	5:26.35	11.031	131	HER	EERNEGEM
154.	1272	CLAUWAERT Thierry	35		148	19:12.91	160	17:31.99	150	169	17:41.17		0:29.67	0:29.12	180	<b>0:29.12</b>	<b>54:26.07</b>	+17:52.71	5:26.60	11.022	132	HER	KRUISHOUTEM	
155.	1151	DE BLEEKER Michel	58	IMMO CAUWE	158	19:40.74	148	17:21.99	153	159	17:23.76	0:29.12				180	<b>0:29.12</b>	<b>54:26.49</b>	+17:53.13	5:26.64	11.021	133	HER	DAMME
156.	1321	VERMOTE Dany	56		152	19:24.05	136	17:04.73	146	180	17:59.76							<b>54:28.54</b>	+17:55.18	5:26.85	11.014	134	HER	DUDZELE
157.	1070	F VERSTAPPEN Nancy	34		160	19:44.37	149	17:22.60	155	161	17:26.95							<b>54:33.92</b>	+18:00.56	5:27.39	10.996	18	VRO	KNOKKE-HEIST
158.	1005	CLAEYS Pieter	46		138	18:55.58	176	17:58.74	152	170	17:42.01							<b>54:36.33</b>	+18:02.97	5:27.63	10.988	135	HER	ROESELARE
159.	1080	DRIEGHE Patrick	40		188	20:39.94	158	17:30.89	174	126	16:29.66		0:30.19	0:26.53	136	<b>0:26.53</b>	<b>54:40.49</b>	+18:07.13	5:28.04	10.974	136	HER	BRUGGE	
160.	1007	JANSSENS Franky	46		169	20:17.89	166	17:40.99	163	137	16:53.25							<b>54:52.13</b>	+18:18.77	5:29.21	10.935	137	HER	ZWANKENDAMME

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

# Tussen 2 Feesten Loop

## Knokke, 27 December 2009, BEL

3x3.3km

Details

Pos	Nr	Name	Age	Team	Lap 1		Lap 2			Lap 3		Sprint				Age Group								
					Pos	Time	Pos	Time	Cum	Pos	Time	t1	t2	t3	Pos	Time	Time	Gap	TKm	Avg	Rang	Name	City	
161.	1190	<b>VAN DER PERREN</b> Frederik	33		187	20:39.47	144	17:19.31	162	138	16:53.73				0:27.92	161	<b>0:27.92</b>	<b>54:52.51</b>	+18:19.15	5:29.25	10.934	138	HER	VARSENARE
162.	1055	<b>BERKEIN</b> Jan	40		175	20:32.13	162	17:33.25	165	135	16:51.00	0:29.15	0:30.22			184	<b>0:29.15</b>	<b>54:56.38</b>	+18:23.02	5:29.63	10.921	139	HER	KNOKKE-HEIST
163.	1085	<b>JEURIS</b> Stefan	39		157	19:40.67	169	17:46.34	157	167	17:35.43	0:29.64		0:29.27		185	<b>0:29.27</b>	<b>55:02.44</b>	+18:29.08	5:30.24	10.901	140	HER	KNOKKE-HEIST
164.	1226	<b>VAN RYCKEGHEM</b> Rony	41		184	20:38.09	164	17:33.59	176	144	17:01.63	0:30.11	0:29.81	0:27.79		158	<b>0:27.79</b>	<b>55:13.31</b>	+18:39.95	5:31.33	10.865	141	HER	MALDEGEM
164.	1322	<b>GOVAERT</b> Eddy	52		197	21:10.96	150	17:24.38	178	128	16:37.97							<b>55:13.31</b>	+18:39.95	5:31.33	10.865	141	HER	KNOKKE-HEIST
166.	1178	<b>DEUREESE</b> Ignace	26		168	20:14.63	172	17:53.42	168	147	17:05.28	0:28.06				163	<b>0:28.06</b>	<b>55:13.33</b>	+18:39.97	5:31.33	10.865	143	HER	KNOKKE-HEIST
167.	1051	<b>VERHELST</b> Jan	53		171	20:19.74	168	17:46.17	166	152	17:12.52	0:30.00		0:27.31		147	<b>0:27.31</b>	<b>55:18.43</b>	+18:45.07	5:31.84	10.849	144	HER	KNOKKE-HEIST
168.	1150	<b>CASIER</b> Gino	40		182	20:37.60	161	17:32.81	173	155	17:19.18							<b>55:29.59</b>	+18:56.23	5:32.95	10.812	145	HER	LISSEWEGE
169.	1128	<b>HOEMAECER</b> Jan	30		181	20:37.38	155	17:27.92	164	160	17:26.86	0:15.76	0:18.72	0:19.33		17	<b>0:15.76</b>	<b>55:32.16</b>	+18:58.80	5:33.21	10.804	146	HER	KNOKKE-HEIST
170.	1063	F <b>VAN SUMMEREN</b> Maycke	56	CAUWE	186	20:39.40	156	17:30.05	170	162	17:28.95		0:30.32			199	<b>0:30.32</b>	<b>55:38.40</b>	+19:05.04	5:33.84	10.784	19	VRO	KH
171.	1262	F <b>POPPE</b> Sylvie	38		170	20:18.74	170	17:50.44	169	166	17:35.10		0:30.11			197	<b>0:30.11</b>	<b>55:44.28</b>	+19:10.92	5:34.42	10.765	20	VRO	KNOKKE-HEIST
172.	1107	<b>RAMMELOO</b> Erik	45		189	20:40.06	159	17:31.09	175	168	17:40.31							<b>55:51.46</b>	+19:18.10	5:35.14	10.742	147	HER	KNOKKE HEIST
173.	1299	<b>SLABBINCK</b> Brecht	19		145	19:07.72	226	19:07.51	177	173	17:49.09	0:17.04		0:30.97		30	<b>0:17.04</b>	<b>56:04.32</b>	+19:30.96	5:36.43	10.701	148	HER	KNOKKE-HEIST
174.	1202	<b>VANBECELAERE</b> Anthony	30		193	20:54.95	177	18:00.42	183	151	17:11.19							<b>56:06.56</b>	+19:33.20	5:36.65	10.693	149	HER	ASSEBROEK
175.	1252	<b>GHELDOD</b> Carlo	37		227	22:02.35	206	18:56.83	219	77	15:12.34	0:32.35	0:31.51			216	<b>0:31.51</b>	<b>56:11.52</b>	+19:38.16	5:37.15	10.678	150	HER	RAMSKAPELLE
176.	1067	F <b>FLAMAND</b> Christel	42	TV ZWIN	166	20:13.61	174	17:56.09	171	188	18:14.41		0:30.24			198	<b>0:30.24</b>	<b>56:24.11</b>	+19:50.75	5:38.41	10.638	21	VRO	KNOKKE-HEIST
177.	1119	F <b>MAERTENS</b> Kathleen	43		165	20:12.78	175	17:57.06	172	189	18:14.44							<b>56:24.28</b>	+19:50.92	5:38.42	10.637	22	VRO	KNOKKE-HEIST
178.	1073	<b>REUBENS</b> Francis	46		153	19:27.82	185	18:29.47	160	206	18:49.74							<b>56:47.03</b>	+20:13.67	5:40.70	10.566	151	HER	KNOKKE
179.	1330	<b>DELODDERE</b> Jean	38		183	20:37.95	180	18:06.54	180	182	18:04.11	0:31.71				217	<b>0:31.71</b>	<b>56:48.60</b>	+20:15.24	5:40.86	10.562	152	HER	KNOKKE-HEIST
180.	1017	F <b>VANHOLLEBEKE</b> Sofia	41		172	20:21.86	183	18:23.51	181	181	18:04.09	0:31.20	0:30.92			205	<b>0:30.92</b>	<b>56:49.46</b>	+20:16.10	5:40.94	10.559	23	VRO	SINT-TRUIDEN
181.	1228	<b>CLAEYS</b> Didier	41		185	20:38.83	181	18:07.14	182	184	18:05.35							<b>56:51.32</b>	+20:17.96	5:41.13	10.553	153	HER	OOSTKERKE (DAMME)
182.	1253	F <b>TIMMERMAN</b> Katrien	40		198	21:12.60	182	18:18.37	192	172	17:48.70		0:32.43	0:29.05		177	<b>0:29.05</b>	<b>57:19.67</b>	+20:46.31	5:43.96	10.466	24	VRO	KNOKKE-HEIST
183.	1027	F <b>DE SAVOYE</b> Annick	44		164	20:12.20	186	18:30.76	179	205	18:47.32							<b>57:30.28</b>	+20:56.92	5:45.02	10.434	25	VRO	KNOKKE
184.	1216	<b>VERHEYEN</b> David	29		178	20:35.10	201	18:49.20	190	193	18:16.91							<b>57:41.21</b>	+21:07.85	5:46.12	10.401	154	HER	KNOKKE
185.	1032	F <b>VERHELST</b> Pascale	32		154	19:29.92	184	18:27.52	161	242	19:45.56	0:29.05				177	<b>0:29.05</b>	<b>57:43.00</b>	+21:09.64	5:46.30	10.396	26	VRO	KNOKKE-HEIST
186.	1121	<b>DE VOOGT</b> Freddy	53		214	21:41.91	194	18:39.49	205	164	17:31.43	0:31.22				210	<b>0:31.22</b>	<b>57:52.83</b>	+21:19.47	5:47.28	10.366	155	HER	KNOKKE-HEIST
187.	1170	<b>DE VOOGT</b> Steven	27		203	21:17.98	173	17:54.30	184	201	18:40.59	0:30.95				206	<b>0:30.95</b>	<b>57:52.87</b>	+21:19.51	5:47.28	10.366	156	HER	KNOKKE-HEIST
188.	1137	<b>DE CONINCK</b> Peter	43		220	21:58.67	179	18:06.49	195	175	17:53.54							<b>57:58.70</b>	+21:25.34	5:47.87	10.349	157	HER	EEKLO
189.	1328	<b>VANDERKEILEM</b> Peter	41		192	20:50.12	192	18:39.09	191	198	18:39.46							<b>58:08.67</b>	+21:35.31	5:48.86	10.319	158	HER	KNOKKE-HEIST
190.	1193	<b>FATMI</b> Shazhan	31		211	21:30.24	178	18:01.88	193	199	18:39.86							<b>58:11.98</b>	+21:38.62	5:49.19	10.309	159	HER	ERTVELDE
191.	1161	<b>DE DUYTSCH</b> Hans	41		176	20:33.29	199	18:44.99	187	219	19:05.34		0:31.93			224	<b>0:31.93</b>	<b>58:23.62</b>	+21:50.26	5:50.36	10.275	160	HER	KNOKKE-HEIST
192.	1087	<b>DE DUYTSCH</b> Dirk	50		177	20:33.61	196	18:43.80	186	220	19:06.29	0:31.34	0:32.96	0:31.12		208	<b>0:31.12</b>	<b>58:23.70</b>	+21:50.34	5:50.37	10.275	161	HER	KNOKKE-HEIST

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h







# Tussen 2 Feesten Loop

## Knokke, 27 December 2009, BEL

3x3.3km

Details

Pos	Nr	Name	Age	Team	Lap 1		Lap 2			Lap 3		Sprint				Age Group							
					Pos	Time	Pos	Time	Cum	Pos	Time	t1	t2	t3	Pos	Time	Time	Gap	TKm	Avg	Rang	Name	City
257.	1069	<b>CalLens</b> Joris	46		264	23:30.84	269	20:20.24	269	236	19:36.73	0:34.13	0:15.12	0:32.23	12	<b>0:15.12</b>	<b>1:03:27.81</b>	+26:54.45	6:20.78	9.454	193	HER	KNOKKE
258.	1068	F <b>HEIDI</b> Lamote	38		266	23:31.53	267	20:19.97	270	235	19:36.67	0:33.98	0:35.50		254	<b>0:33.98</b>	<b>1:03:28.17</b>	+26:54.81	6:20.81	9.453	55	VRO	KNOKKE
259.	1049	F <b>BLOES</b> Fabienne	42		274	23:43.27	258	20:05.60	266	239	19:41.37		0:34.50		257	<b>0:34.50</b>	<b>1:03:30.24</b>	+26:56.88	6:21.02	9.448	56	VRO	KNOKKE-HEIST
260.	1129	<b>HEUZEL</b> Laurens	23		209	21:25.37	259	20:05.85	230	279	22:01.81						<b>1:03:33.03</b>	+26:59.67	6:21.30	9.441	194	HER	ZEEBRUGGE
261.	1130	F <b>VAN HYFTE</b> Lisa	22		208	21:25.18	257	20:03.46	227	282	22:04.45	0:32.73			238	<b>0:32.73</b>	<b>1:03:33.09</b>	+26:59.73	6:21.30	9.441	57	VRO	KNOKKE-HEIST
262.	1255	F <b>VERHEERSCH</b> Marleen	50		228	22:04.24	266	20:17.60	244	268	21:15.84						<b>1:03:37.68</b>	+27:04.32	6:21.76	9.430	58	VRO	WESTKAPELLE
263.	1139	F <b>DESMEDT</b> Caroline	52		267	23:32.63	265	20:16.27	267	244	19:49.40	0:35.22		0:31.98	225	<b>0:31.98</b>	<b>1:03:38.30</b>	+27:04.94	6:21.83	9.428	59	VRO	KNOKKE-HEIST
264.	1260	F <b>DE GRAEVE</b> Sylvia	33		277	23:44.85	260	20:08.15	272	247	19:53.27						<b>1:03:46.27</b>	+27:12.91	6:22.62	9.409	60	VRO	KNOKKE-HEIST
265.	1060	<b>BENEDICTUS</b> Guy	52	ACB	252	22:54.43	251	19:52.17	250	258	20:59.72	0:32.32			231	<b>0:32.32</b>	<b>1:03:46.32</b>	+27:12.96	6:22.63	9.409	195	HER	BLANKENBERGE
266.	1122	F <b>RASSON</b> Anne Françoise	32		296	24:24.62	261	20:13.12	277	228	19:18.95		0:34.79		261	<b>0:34.79</b>	<b>1:03:56.69</b>	+27:23.33	6:23.66	9.383	61	VRO	SCHAERBEEK
267.	1194	<b>BAUTE</b> Gino	34		246	22:36.57	264	20:16.14	253	271	21:24.96			0:23.88	95	<b>0:23.88</b>	<b>1:04:17.67</b>	+27:44.31	6:25.76	9.332	196	HER	KNOKKE-HEIST
268.	1008	F <b>DEFRUYT</b> Véronique	47		265	23:31.43	269	20:20.24	271	255	20:29.37			0:34.86	262	<b>0:34.86</b>	<b>1:04:21.04</b>	+27:47.68	6:26.10	9.324	62	VRO	VLISSGEM - DE HAAN
269.	1168	<b>LAMBERT</b> Wim	44		225	22:01.91	272	20:40.43	248	276	21:56.81						<b>1:04:39.15</b>	+28:05.79	6:27.91	9.280	197	HER	BRUGGE
270.	1244	F <b>STOCKMAN</b> Barbara	33		263	23:30.12	268	20:20.20	268	263	21:04.08		0:34.69		258	<b>0:34.69</b>	<b>1:04:54.40</b>	+28:21.04	6:29.44	9.244	63	VRO	KNOKKE-HEIST
271.	1177	F <b>DEVRESE</b> Marie	29		279	23:45.03	263	20:14.16	273	267	21:08.37			0:35.75	268	<b>0:35.75</b>	<b>1:05:07.56</b>	+28:34.20	6:30.75	9.213	64	VRO	KNOKKE-HEIST
272.	1230	<b>VANDIERENDONCK</b> Achim	13		258	23:08.67	253	19:58.34	260	280	22:02.77	0:32.67	0:34.94		237	<b>0:32.67</b>	<b>1:05:09.78</b>	+28:36.42	6:30.97	9.208	7	JUH	KNOKKE-HEIST
273.	1268	F <b>VAN DAMME</b> Isabelle	35	K3	259	23:14.90	274	20:50.11	275	265	21:07.73		0:33.56		252	<b>0:33.56</b>	<b>1:05:12.74</b>	+28:39.38	6:31.27	9.201	65	VRO	KNOKKE-HEIST
274.	1269	F <b>VAN DAMME</b> Erica	36	K3	260	23:15.24	273	20:49.70	274	266	21:07.81						<b>1:05:12.75</b>	+28:39.39	6:31.27	9.201	66	VRO	DUDZELE
275.	1301	<b>SYS</b> Alex	47		237	22:30.97	279	21:02.32	263	274	21:53.66						<b>1:05:26.95</b>	+28:53.59	6:32.69	9.167	198	HER	KNOKKE-HEIST
276.	1300	F <b>VAN DEN BERGHE</b> Tania	45		238	22:31.97	278	21:02.00	264	275	21:54.65						<b>1:05:28.62</b>	+28:55.26	6:32.86	9.164	67	VRO	KNOKKE
277.	1096	<b>VANDEPITTE</b> Styn	32		282	23:50.06	284	21:18.92	280	256	20:31.02	0:35.07	0:37.66		264	<b>0:35.07</b>	<b>1:05:40.00</b>	+29:06.64	6:34.00	9.137	199	HER	SLUIS
278.	1313	F <b>VANHEMELRYCK</b> Elke	37		280	23:47.42	280	21:03.97	279	262	21:03.90						<b>1:05:55.29</b>	+29:21.93	6:35.52	9.102	68	VRO	SINT KRUIS
279.	1050	F <b>VERLEYE</b> Nadia	49		278	23:45.01	275	20:52.96	278	270	21:23.70		0:35.32		266	<b>0:35.32</b>	<b>1:06:01.67</b>	+29:28.31	6:36.16	9.087	69	VRO	KNOKKE-HEIST
280.	1274	F <b>GODEFROID</b> Nadine	50		291	24:23.66	289	21:48.46	288	251	20:17.65		0:35.04		263	<b>0:35.04</b>	<b>1:06:29.77</b>	+29:56.41	6:38.97	9.023	70	VRO	ZULTE
281.	1206	F <b>VAN HERTEN</b> Fieke	24		284	24:14.53	282	21:12.02	283	261	21:03.86						<b>1:06:30.41</b>	+29:57.05	6:39.04	9.022	71	VRO	BEERNEM
282.	1271	<b>JONES</b> Freddy	51		285	24:16.28	281	21:11.00	284	260	21:03.67		0:35.19		265	<b>0:35.19</b>	<b>1:06:30.95</b>	+29:57.59	6:39.09	9.020	200	HER	KNOKKE-HEIST
283.	1270	F <b>BLEYAERT</b> Cathy	36		287	24:17.08	283	21:13.35	285	259	21:01.20						<b>1:06:31.63</b>	+29:58.27	6:39.16	9.019	72	VRO	BEERNEM
284.	1246	F <b>DESMIDT</b> Els	43		298	24:35.36	277	20:57.70	286	264	21:07.58	0:37.34	0:36.29		274	<b>0:36.29</b>	<b>1:06:40.64</b>	+30:07.28	6:40.06	8.999	73	VRO	RAMSKAPELLE (KNOKKE-HEIST)
285.	1307	F <b>SUVÉE</b> Nathalie	34		281	23:48.89	285	21:21.55	281	287	22:11.12	0:36.03	0:36.90	0:40.81	269	<b>0:36.03</b>	<b>1:07:21.56</b>	+30:48.20	6:44.15	8.907	74	VRO	DUDZELE
286.	1020	F <b>DE RESE</b> Linda	58		292	24:23.80	276	20:54.44	282	281	22:03.55	0:23.06	0:33.51		88	<b>0:23.06</b>	<b>1:07:21.79</b>	+30:48.43	6:44.17	8.907	75	VRO	KNOKKE-HEIST
287.	1312	<b>METTEN</b> Jean	60		301	24:56.78	291	21:55.85	294	257	20:42.52						<b>1:07:35.15</b>	+31:01.79	6:45.51	8.878	201	HER	WEMMEL
288.	1044	F <b>DE BUYSSCHER</b> Sofie	42		286	24:16.31	286	21:31.14	287	278	22:01.56		0:17.78	0:18.96	37	<b>0:17.78</b>	<b>1:07:49.01</b>	+31:15.65	6:46.90	8.847	76	VRO	ASSEBROEK

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h

# Tussen 2 Feesten Loop

## Knokke, 27 December 2009, BEL

3x3.3km

Details

Pos	Nr	Name	Age	Team	Lap 1		Lap 2		Lap 3		Sprint				Age Group									
					Pos	Time	Pos	Time	Cum	Pos	Time	t1	t2	t3	Pos	Time	Time	Gap	TKm	Avg	Rang	Name	City	
289.	1298	F VLIETINCK Kathleen	43		290	24:19.13	294	21:59.47	289	277	21:59.32				0:36.36	277	<b>0:36.36</b>	<b>1:08:17.92</b>	+31:44.56	6:49.79	8.785	77	VRO	KNOKKE
290.	1058	F DE PLANCKE Valerie	37		294	24:24.36	292	21:55.96	290	293	22:17.60	0:37.35	0:37.84	0:39.12	280	<b>0:37.35</b>	<b>1:08:37.92</b>	+32:04.56	6:51.79	8.742	78	VRO	KNOKKE	
291.	1059	F DE PLANCKE Pascale	43		294	24:24.36	293	21:56.73	291	292	22:17.57	0:37.73	0:37.77	0:39.22	282	<b>0:37.73</b>	<b>1:08:38.66</b>	+32:05.30	6:51.86	8.741	79	VRO	KNOKKE	
292.	1001	F D'HOOGHIE Sandy	35		293	24:23.86	295	22:00.79	292	294	22:18.99	0:37.83	0:36.32		276	<b>0:36.32</b>	<b>1:08:43.64</b>	+32:10.28	6:52.36	8.730	80	VRO	TIEGEM	
293.	1239	F RAPPE Lieven	46		248	22:42.03	287	21:46.17	276	308	24:22.67						<b>1:08:50.87</b>	+32:17.51	6:53.08	8.715	202	HER	KNOKKE-HEIST	
294.	1215	F SIMOMS Plexanoek	29		305	25:02.05	288	21:46.50	293	283	22:05.33						<b>1:08:53.88</b>	+32:20.52	6:53.38	8.709	203	HER	KNOKKE	
295.	1302	F SOETE Mathacha	39		289	24:18.94	304	22:59.79	296	273	21:47.46						<b>1:09:06.19</b>	+32:32.83	6:54.61	8.683	81	VRO	LOMBARDSIJDE	
296.	1231	F DE RESE Annick	42	TV ZWIN	307	25:07.66	290	21:53.54	295	285	22:10.32	0:37.28	0:36.29	0:39.57	274	<b>0:36.29</b>	<b>1:09:11.52</b>	+32:38.16	6:55.15	8.672	82	VRO	HEIST-AAN-ZEE	
297.	1209	F VANBESIEN Inge	42		309	25:24.94	296	22:09.74	303	295	22:19.10						<b>1:09:53.78</b>	+33:20.42	6:59.37	8.584	83	VRO	KNOKKE-HEIST	
298.	1041	F BEDERT Christel	39		299	24:39.27	303	22:42.96	298	297	22:52.84			0:39.61	290	<b>0:39.61</b>	<b>1:10:15.07</b>	+33:41.71	7:01.50	8.541	84	VRO	KNOKKE-HEIST	
299.	1164	F LAGROU Ann	46		303	24:57.86	298	22:27.38	299	296	22:49.99		0:37.73		282	<b>0:37.73</b>	<b>1:10:15.23</b>	+33:41.87	7:01.52	8.540	85	VRO	KNOKKE-HEIST	
300.	1003	F WILLEMS Lieve	50		302	24:57.75	297	22:24.03	297	298	22:58.09		0:37.83	0:39.37	284	<b>0:37.83</b>	<b>1:10:19.87</b>	+33:46.51	7:01.98	8.531	86	VRO	KNOKKE-HEIST	
301.	1160	F DE PLECKER Myriam	52		300	24:56.23	302	22:33.58	301	299	23:08.19	0:36.07	0:38.10		271	<b>0:36.07</b>	<b>1:10:38.00</b>	+34:04.64	7:03.80	8.495	87	VRO	KNOKKE-HEIST	
302.	1159	F DE GROOTE Annick	43		304	24:59.75	299	22:29.34	300	300	23:09.10	0:36.15	0:38.27	0:41.45	272	<b>0:36.15</b>	<b>1:10:38.19</b>	+34:04.83	7:03.81	8.494	88	VRO		
303.	1171	F SCHELLEKENS Gabriela	37		297	24:25.77	305	23:06.89	302	302	23:16.31	0:37.66	0:39.60	0:37.91	281	<b>0:37.66</b>	<b>1:10:48.97</b>	+34:15.61	7:04.89	8.473	89	VRO	KNOKKE	
304.	1158	F HEYNEMAN Nancy	43		308	25:24.66	301	22:31.83	304	301	23:15.05	0:17.51			34	<b>0:17.51</b>	<b>1:11:11.54</b>	+34:38.18	7:07.15	8.428	90	VRO	KNOKKE	
305.	1065	F MONBALLYU Lut	54		310	25:26.66	300	22:29.91	305	303	23:18.07	0:36.28		0:37.94	273	<b>0:36.28</b>	<b>1:11:14.64</b>	+34:41.28	7:07.46	8.422	91	VRO	KNOKKE-HEIST	
306.	1167	F VANBESIEN Katelijne	44		313	26:27.80	307	23:22.02	308	304	23:33.03		0:41.83	0:40.79	295	<b>0:40.79</b>	<b>1:13:22.85</b>	+36:49.49	7:20.28	8.177	92	VRO	KNOKKE-HEIST	
307.	1166	F MATTYS Sandra	42		312	26:27.63	308	23:22.16	307	305	23:33.27		0:42.22	0:41.55	299	<b>0:41.55</b>	<b>1:13:23.06</b>	+36:49.70	7:20.30	8.176	93	VRO	KNOKKE-HEIST	
308.	1220	F SUFFYS Elise	34		315	26:34.21	306	23:16.68	309	306	24:02.84		0:38.67	0:40.13	287	<b>0:38.67</b>	<b>1:13:53.73</b>	+37:20.37	7:23.37	8.120	94	VRO	KNOKKE	
309.	1256	F MESTDACH Astrid	15		288	24:18.32	311	24:33.08	306	309	26:16.21			0:28.80	175	<b>0:28.80</b>	<b>1:15:07.61</b>	+38:34.25	7:30.76	7.986	3	JUF	KNOKKE	
310.	1126	F PANIS Frieda	64		314	26:33.65	310	23:52.06	311	310	27:07.05		0:41.44		296	<b>0:41.44</b>	<b>1:17:32.76</b>	+40:59.40	7:45.27	7.737	95	VRO	MALDEGEM	
DNF	1310	F DE GROOTE Marian	49		311	26:26.79	309	23:47.28	310	-												-	VRO	KNOKKE-HEIST
DNF	1232	F VAN BELLEGHEM Ingrid	48	TV ZWIN	306	25:07.40	312	44:02.29	312	-												-	VRO	KNOKKE-HEIST
DNF	1338	F VANDEVYVERE Stijn	13		-	-	-	-	-													-	JUH	
DNF	1097	F DIERENS Marianne	42		272	23:42.76	-	-	-													-	VRO	KNOKKE-HEIST
DNF	1183	F DECEUNINCK Johan	45		63	16:47.76	-	-	-			0:23.69			92	<b>0:23.69</b>						-	HER	VELDEGEM
DNF	1185	F DECEUNICK Pieter	17		70	17:03.88	-	-	-													-	HER	KNOKKE-HEIST
DNF	1222	F GAETANNE Uerbert	32		316	1:08:21.95	-	-	-													-	HER	KNOKKE
DNF	1019	F DANNEELS Jacques	9	RUNNING TEAM KN	-	-	-	-	-													-	JUH	KNOKKE-HEIST

DNF: Did Not Finish; DSQ: Disqualified; Average Speed in km/h